

**SCOTT COUNTY HEALTH DEPARTMENT  
335 WEST CHERRY STREET  
WINCHESTER, IL 62694**

**Illinois Project for Local  
Assessment of Needs  
(IPLAN)  
2022 – 2027**



**Scott County**  
HEALTH DEPARTMENT

# **IPLAN 2022 – 2027**

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*Mayor of Bluffs*

*Quincy Medical Group*

*Scott/Morgan Unit #2 District*

*Scott County Nursing Home Administrator*

*Scott County Outreach Center*

*Scott County Sheriff's Department*

*University of Illinois Extension*

*Winchester Civic Group*

*Winchester Community District #1 School*

*Winchester EMS*

*Winchester Family Practice*

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# Scott County Board of Health

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# Letter from Public Health Administrator

Scott County is a rural community that values relationships within its own community. They are dedicated to each other as well as investing in resources that will help increase the success of the community. Each local community health department knows its community and can advocate for its residents simply because they know and experience the same struggles. Local health departments monitor trends, act as resources, and actively focus to reduce social determinants of health. The Scott County Health Department cares deeply about our community and focuses to identify barriers so it can readily produce solutions to make the greatest impact on disparities, vulnerabilities, and disease.

Scott County Health Department has recently re-established a public health-focused administration and has located staff that are dedicated to the success of a community. Through Community Survey and focus group discussions it is clear the community provides full support to its health department. Following a pandemic, this is exciting news for public health and will better prepare and advance services moving forward.

We would like to extend our appreciation to the Scott County Board of Health and Scott County elected officials for their continued support in ensuring the health department remains a valued service in this community. We are also very thankful for all the agency partners, staff, and volunteers that participated in the data collection, survey analysis, focus groups, and assessments. There is immense value in services provided to a rural community and increase potential for growth in providing an impact on social determinants of health and equity for all people in the State of Illinois. Maintaining the local government's capacity to serve improves trust in health systems and assures advocates for healthy communities.

We have observed our community through statistical data, community surveys, and focus group discussions taking into consideration qualitative and quantitative data to create a health priority focus. We are encouraged by the community support we have seen regarding the 2022-2027 priority areas and look forward to implementing strategies that we know represent the Scott County community's needs. Public Health aims to focus on community health to improve health education, disease prevention, and intervention strategies to reduce morbidity and mortality in a community. We look forward to continuing to make a difference in a community that we understand and care deeply for.

Sincerely,

Molly Peters, B.S., L.E.H.P.

Public Health Administrator

# Executive Summary

The Illinois Project for Local Assessment of Needs (IPLAN) is a community health assessment and planning process conducted every five years by local health departments throughout the State of Illinois. Local Health Departments must complete the process to meet the requirement of the Illinois Administrative Code Section 600.400, which governs the certification of local health departments. Under the Administrative Code, health departments must use an organized process to assess the needs of the community. The assessment process must be grounded in the core functions of public health and include analysis of health indicators that reflect the health status of the community.

To accomplish a comprehensive evaluation of health status in Scott County, the assessment process performed by Scott County Health Department followed the guidelines of the Assessment Protocol for Excellence in Public Health (APEX-PH). This assessment protocol included both an organizational capacity assessment and community health needs assessment process.

Health data was collected by utilizing national, state, and county-level statistical information to confirm the present status of seven health indicator groups. The participation and involvement of citizens of Scott County as well as community stakeholders were necessary in determining this data.

Based on the results of the organizational capacity and community health needs assessment, the following priorities were established:

**Priority 1: Mental Health Access**

**Priority 2: Community Health Education**

**Priority 3: Substance Use and Vaping Prevention**

This document provides priority objectives, impact objectives, and strategies to achieve progress over the next five years. In compliance with IDPH's IPLAN protocol, the following categories were assessed through the countywide needs assessment: demographic and socioeconomic characteristics, general health, and access to care, maternal and child health, chronic disease, infectious disease, environmental occupational, and injury control, and sentinel events. The progress and achievement of the 2017- 2022 Scott County Health Department Community Health Plan were reviewed and considered during the data analysis phase. The Scott County Health Department has also fulfilled the requirement of conducting an Organizational Capacity and Self-Assessment.

This report will provide an assessment of Scott County, Illinois, and establish objectives to address identified public health needs. Further priorities and programs will be developed to enhance each priority group implementation strategy.

# IPLAN Purpose and Background

The Scott County Health Department is a local government agency that conducts the core functions of public health, assessment, policy development, and assurance within our jurisdiction.

The Scott County Health Department is committed and devoted to assuring that quality public health services are delivered to the Scott County citizens. It is our obligation and duty to make sure our county is well educated and knowledgeable about existing health priorities in our county. The Community Health Plan will be utilized greatly to make improvements to our community that will promote the health status of our residents.

With the help of local health care professionals, stakeholders, schools, community organizations, local media, and IDPH, our goal to improve the health of our communities can be accomplished. The development of programs, education, policies, and infrastructure will help to relinquish the strain of the founded health priorities in Scott County.

Our mission statement is “Helping you stay healthy,” and we are committed to protecting and improving the health of Scott County citizens.



# Data Assessment

The Scott County Health Department's IPLAN team was inclusive of Scott County Health department staff and the partnership with key stakeholders in the community. The data collection and analysis were conducted by Scott County Health Department staff. Data was collected through an assortment of methods and utilized reliable sources to gain a comprehensive understanding of the current trends within our community. The Community Health Needs Assessment was conducted under the protocol of the IPLAN process, which also includes the procedure outlined in the Assessment Protocol for Excellence in Public Health (Apex PH). This process involves the gathering and analysis of community health data as well as the Scott County community's perception of health needs. This process includes discussion with community members, data trends, and previous health assessment reviewal. Qualitative and quantitative data was reviewed to assess community needs and priority areas.

## Assessment Highlights

A community survey was distributed online in 2022 utilizing SCHD platforms, within the local paper, and offered in a hard copy format within the Scott County Health Department. Data requested and analysis of results are provided within IPLAN document. There were 113 responses to this survey. Scott County remains a small community so regardless of its small number of surveys complete this data is significant. In addition to community survey two focus groups were conducted to which stakeholders provided additional focus and health problem analysis. Scott County community is devoted to the success of its health department and maintaining community health access.

## Organization Capacity Assessment

Internal capabilities and organizational capacity utilizing APEX-PH was conducted and reviewed by the Board of Health. The assessment categories of high importance were identified and will remain a focus for Scott County capacity planning. The previous IPLAN, 2017-2022, was reviewed. The prior IPLAN priorities that were recognized were obesity, mental health, and access to care. These priorities remain important for long-term planning and program implementation. They were also seen as significant in statistical analysis and quantitative data collected during this IPLAN process.

## Statistical Data

IPLAN data system categories reviewed:

- Demographic and socioeconomic characteristics
- General health and access to care
- Maternal and child health
- Chronic disease
- Infectious disease
- Environmental/occupational/injury control
- Sentinel event

## Community Participation

To establish the community's perception of the health needs and concerns for Scott County, a community survey was prepared and promoted throughout the community. Community focus groups were established to aid in the examination and prioritization of the community health issues reported through the community survey.

# Health Indicator - Demographic & Socioeconomic

## Population

Cumulative Estimates of Resident Population Change and Rankings for Counties in Illinois: April 1, 2010 to July 1, 2019								
Geographic Area	Population Estimate		Change, 2010 to 2019		Rankings			
	Population Estimate		Change, 2010 to 2019		Population Estimate		Change, 2010 to 2019	
	April 1, 2010 Estimates Base	July 1, 2019	Number	Percent	April 1, 2010 Estimates Base	July 1, 2019	Number	Percent
Illinois	12,831,572	12,671,821	-159,751	-1.2	(X)	(X)	(X)	(X)
Adams County, Illinois	67,097	65,435	-1,662	-2.5	22	23	69	24
Brown County, Illinois	6,937	6,578	-359	-5.2	93	92	23	49
Calhoun County, Illinois	5,089	4,739	-350	-6.9	100	100	21	77
Cass County, Illinois	13,641	12,147	-1,494	-11.0	82	84	65	98
Greene County, Illinois	13,886	12,969	-917	-6.6	80	80	45	73
Morgan County, Illinois	35,545	33,658	-1,887	-5.3	42	44	73	51
Pike County, Illinois	16,430	15,561	-869	-5.3	70	69	43	50
Sangamon County, Illinois	197,465	194,672	-2,793	-1.4	11	11	81	20
Schuyler County, Illinois	7,544	6,768	-776	-10.3	91	90	38	95
Scott County, Illinois	5,355	4,951	-404	-7.5	99	98	25	84

(X) Not applicable.  
Dash (-) represents zero or rounds to zero.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. All geographic boundaries for the 2019 population estimates are as of January 1, 2019. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

SOURCE: U.S. CENSUS BUREAU

As the census continues to decline it is expected that services, resources, and economic development will likely suffer. It is also probable that disparities will increase among the communities. There are seven small towns located within Scott County: Winchester Manchester, Bluffs, Exeter, Naples, Glasgow, and Alsey.

## Age and Gender Distribution

Age and Sex	Q Scott County, Illinois
With a disability, under age 65 years, percent, 2015-2019	9.3%
PEOPLE	
Age and Sex	
Persons under 5 years, percent	5.0%
Persons under 18 years, percent	21.1%
Persons 65 years and over, percent	19.6%
Female persons, percent	50.8%

SOURCE: U.S. CENSUS BUREAU

## Race and Ethnicity

Race and Hispanic Origin	Q Scott County, Illinois	United States
Population, Census, April 1, 2020	4,949	331,449,281
PEOPLE		
Race and Hispanic Origin		
White alone, percent	97.4%	76.3%
Black or African American alone, percent (a)	0.6%	13.4%
American Indian and Alaska Native alone, percent (a)	0.2%	1.3%
Asian alone, percent (a)	0.2%	5.9%
Native Hawaiian and Other Pacific Islander alone, percent (a)	0.5%	0.2%
Two or More Races, percent	1.0%	2.8%
Hispanic or Latino, percent (b)	1.4%	18.5%
White alone, not Hispanic or Latino, percent	96.2%	60.1%

SOURCE: U.S. CENSUS BUREAU

Scott County has little diversity and is a predominantly white, English-speaking community.

## Households

Housing	Q Scott County, Illinois
Population, Census, April 1, 2020	4,949
PEOPLE	
Housing	
Housing units, July 1, 2019, (V2019)	2,451
Owner-occupied housing unit rate, 2015-2019	79.9%
Median value of owner-occupied housing units, 2015-2019	\$89,200
Median selected monthly owner costs -with a mortgage, 2015-2019	\$960
Median selected monthly owner costs -without a mortgage, 2015-2019	\$441
Median gross rent, 2015-2019	\$542
Building permits, 2020	NA

Families & Living Arrang...	Q Scott County, Illinois
Population, Census, April 1, 2020	4,949
PEOPLE	
Families & Living Arrangements	
Households, 2015-2019	1,939
Persons per household, 2015-2019	2.55
Living in same house 1 year ago, percent of persons age 1 year+, 2015-2019	92.4%
Language other than English spoken at home, percent of persons age 5 years+, 2015-2019	1.4%

SOURCE: U.S. CENSUS BUREAU

## Unemployment

According to a press release in May of 2021 published by the Illinois Department of Employment Security, Scott County had a - 6.7% change in unemployment. Unemployment dropped from 11.5% in April 2020 to 4.8% in April 2021. This change is most likely due to the COVID-19 pandemic and the financial aid assistance offered to those individuals who were out of work due to the pandemic.

## Income & Poverty

Income & Poverty	Q Scott County, Illinois	United States
Population, Census, April 1, 2020	4,949	331,449,281
PEOPLE		
Income & Poverty		
Median household income (in 2019 dollars), 2015-2019	\$57,118	\$62,843
Per capita income in past 12 months (in 2019 dollars), 2015-2019	\$27,052	\$34,103
Persons in poverty, percent	10.8%	11.4%

SOURCE: U.S CENSUS BUREAU

According to the U.S Census, persons living in poverty is lower than in comparison to the rest of the United States. However, the median household income and per capita income are significantly lower than in comparison to the rest of the United States.

## Woman Infant and Children (WIC) Program

The Health and Human Services (HHS) poverty guidelines are used by Federal programs, such as WIC, for the basis for determining and updating program income eligibility limits. The eligibility requirements are based on income, as applicants' gross income must fall at or below 185% of the U.S. Poverty Income Guidelines. After 2021, the Scott County Health Department had 77 active WIC clients.

## Educational Facilities & Attainment

There are two school districts in Scott that include Bluffs grade and high school, as well as Winchester grade and high school. There are two pre-k buildings in Winchester as well as one pre-k in Bluffs.

Education	Q Scott County, Illinois	United States
Population Estimates, July 1 2021, (V2021)	NA	331,893,745
PEOPLE		
Education		
High school graduate or higher, percent of persons age 25 years+, 2015-2019	93.5%	88.0%
Bachelor's degree or higher, percent of persons age 25 years+, 2015-2019	15.8%	32.1%

SOURCE: U.S CENSUS BUREAU

# Health Indicator – General Health

Number of Deaths by Resident County and Select Demographics, Illinois Residents, 2020

Resident County	Total Deaths	Sex		Race/Ethnicity				Age Group						
		Male	Female	NH White	NH Black	NH Other	Hispanic	Infants	1-17	18-24	25-44	45-64	65-84	85+
Moultrie	216	105	111	212	3	0	1	1	2	1	3	38	99	72
Ogle	613	291	322	587	4	3	19	0	0	2	19	97	288	207
Peoria	2,109	1,054	1,055	1,713	341	19	36	27	9	27	96	388	907	655
Perry	266	123	143	261	3	0	2	0	1	2	8	41	115	99
Piatt	189	96	93	186	0	0	3	1	0	0	7	24	91	66
Pike	255	126	129	255	0	0	0	0	1	0	4	38	136	76
Pope	53	28	25	53	0	0	0	1	0	1	5	8	27	11
Pulaski	79	45	34	48	31	0	0	0	1	1	2	10	43	22
Putnam	59	39	20	56	1	0	2	0	0	0	3	16	31	9
Randolph	432	225	207	413	17	1	1	1	1	2	13	73	193	149
Richland	267	130	137	262	1	2	2	1	2	2	8	44	105	105
Rock Island	1,949	983	966	1,687	163	11	88	12	3	8	68	328	851	679
St. Clair	3,167	1,599	1,568	2,085	1,033	25	24	28	25	27	198	663	1,335	891
Saline	405	195	210	392	11	2	0	2	2	0	14	73	186	128
Sangamon	2,227	1,118	1,109	1,977	227	10	13	16	11	18	90	422	958	712
Schuyler	98	50	48	94	4	0	0	1	0	2	2	12	44	37
Scott	68	38	30	68	0	0	0	0	0	2	2	9	27	28

Statewide Leading Causes of Death by Resident County, Illinois Residents, 2020

Resident County	Total Deaths	Statewide Leading Causes of Death									
		Diseases of heart (heart disease)	Malignant neoplasms (cancer)	COVID-19	Accidents (unintentional injuries)	Cerebro-vascular diseases (stroke)	Chronic lower respiratory diseases	Alzheimer disease	Diabetes mellitus (diabetes)	Nephritis, nephrotic syndrome and nephrosis (kidney disease)	Influenza and pneumonia
Mercer	221	34	42	16	6	11	17	10	11	3	5
Monroe	372	76	76	45	15	13	15	10	9	8	5
Montgomery	423	82	72	29	21	29	22	19	9	10	11
Morgan	485	112	90	54	21	16	20	20	7	6	16
Moultrie	216	41	42	20	13	7	9	5	10	3	4
Ogle	613	122	137	52	23	29	42	29	20	15	6
Peoria	2,109	419	422	145	144	96	103	86	51	42	36
Perry	266	53	41	29	12	8	14	15	9	10	5
Piatt	189	50	40	9	6	5	7	5	4	1	1
Pike	255	37	57	39	12	8	13	3	4	3	4
Pope	53	10	13	2	3	3	4	2	0	2	1
Pulaski	79	18	11	6	2	6	4	5	4	3	2
Putnam	59	15	17	1	7	3	0	0	0	1	1
Randolph	432	86	85	51	23	22	25	12	14	2	4
Richland	267	54	42	29	14	11	27	1	5	12	9
Rock Island	1,949	392	341	192	87	64	97	55	84	35	21
St. Clair	3,167	579	570	322	203	194	159	114	98	60	36
Saline	405	74	75	41	16	16	42	12	15	14	6
Sangamon	2,227	490	428	190	132	90	105	59	57	31	37
Schuyler	98	18	12	8	4	10	6	0	3	0	4
Scott	68	18	12	4	1	2	3	1	0	3	1

SOURCE: IDPH Statistics

Based on the data reported from 2020, cardiovascular disease was a prominent cause of deaths among Scott County's population. Cardiovascular disease is an adverse health complication that can be impacted by healthy change in day to day living routines. This being Scott County's leading cause of death in 2020 is indicative that there is work to be one regarding preventative measures, thus igniting the opportunity for community health improvement programs. In comparison to other causes of death, COVID-19 did not have an overwhelming impact on death reports.

# Health Indicator – Chronic Disease

## Behavioral Risk Surveillance System:

The Behavioral Risk Factor Surveillance System, (BRFSS), is a state-based program that gathers information on risk factors among Illinois adults, aged eighteen and older, through monthly telephone surveys. This survey is an effort between the U.S Center for Disease Control and Prevention and state health departments. Due to Scott County being a low census county, some of the data from this data system was analyzed with Calhoun County.

## Smoking

According to the 2020 County Health Ranking and Roadmaps, 22% of adults in Scott County are current smokers. As with the previous alcohol evaluation, Scott County was evaluated with Calhoun County in the BRFSS regarding tobacco and e-cigarettes.

Tobacco & E-Cigarettes					
ICBRFS - Calhoun and Scott Counties		Estimated Population	Weighted Percent	95% Confidence Interval	Number of Respondents
CALCULATED SMOKING STATUS <sup>1</sup>	Smoker	1,628	21.0%	15.5%-27.8%	78
	Former Smoker	1,652	21.3%	16.9%-26.5%	101
	Never Smoked	4,473	57.7%	50.8%-64.3%	229
QUIT SMOKING (FORMER SMOKERS) <sup>2</sup>	Past Year	*	*	*	*
	More than 1 Year Ago	*	*	*	*
USE SMOKELESS TOBACCO <sup>3</sup>	No	7,206	92.9%	88.3%-95.8%	391
	Yes	551	7.1%	4.2%-11.7%	18
CALCULATED E-CIGARETTE STATUS <sup>4</sup>	Current User	*	*	*	*
	Not Currently Using	1,287	16.7%	11.5%-23.6%	52
	Never Used	6,337	82.3%	75.4%-87.6%	351

Illinois County Behavioral Risk Factor Survey, Round 6 (Collected 2015-2019)  
 \*Indicates data does not meet standards of reliability and has been suppressed.  
 1. Calculated smoking status from tobacco questions.  
 2. Asked only if respondent reported smoking 100+ cigarettes and reported frequency is not at all.  
 3. Smokeless tobacco includes cigarettes, chewing tobacco, snuff, or snus.  
 4. Calculated e-cigarette status from e-cigarette questions.

## Alcohol

Due to smaller county size, Scott County was evaluated with Calhoun County in the BRFSS regarding alcohol. However, that information can still be useful in data review at the Scott County level.

Alcohol					
ICBRFS - Calhoun and Scott Counties		Estimated Population	Weighted Percent	95% Confidence Interval	Number of Respondents
BINGE DRINKING (CALCULATED) <sup>1</sup>	Not At Risk	5,635	74.1%	67.4%-79.8%	322
	At Risk	1,972	25.9%	20.2%-32.6%	80
HEAVY DRINKING (CALCULATED) <sup>2</sup>	Not At Risk	6,898	90.1%	84.6%-93.7%	378
	At Risk	762	9.9%	6.3%-15.4%	27

Illinois County Behavioral Risk Factor Survey, Round 6 (Collected 2015-2019)  
 \*Indicates data does not meet standards of reliability and has been suppressed.  
 1. Calculated at risk for men having 5+ drinks on one occasion and women having 4+ drinks on one occasion.  
 2. Calculated at risk for men having >2 drinks per day and women having >1 drink per day.



## Food Insecurity

According to the 2020 County Health Ranking and Roadmaps, which used data from 2017 for this specific measure, approximately 580 persons lack adequate food access. This is an estimated 11% of Scott County.

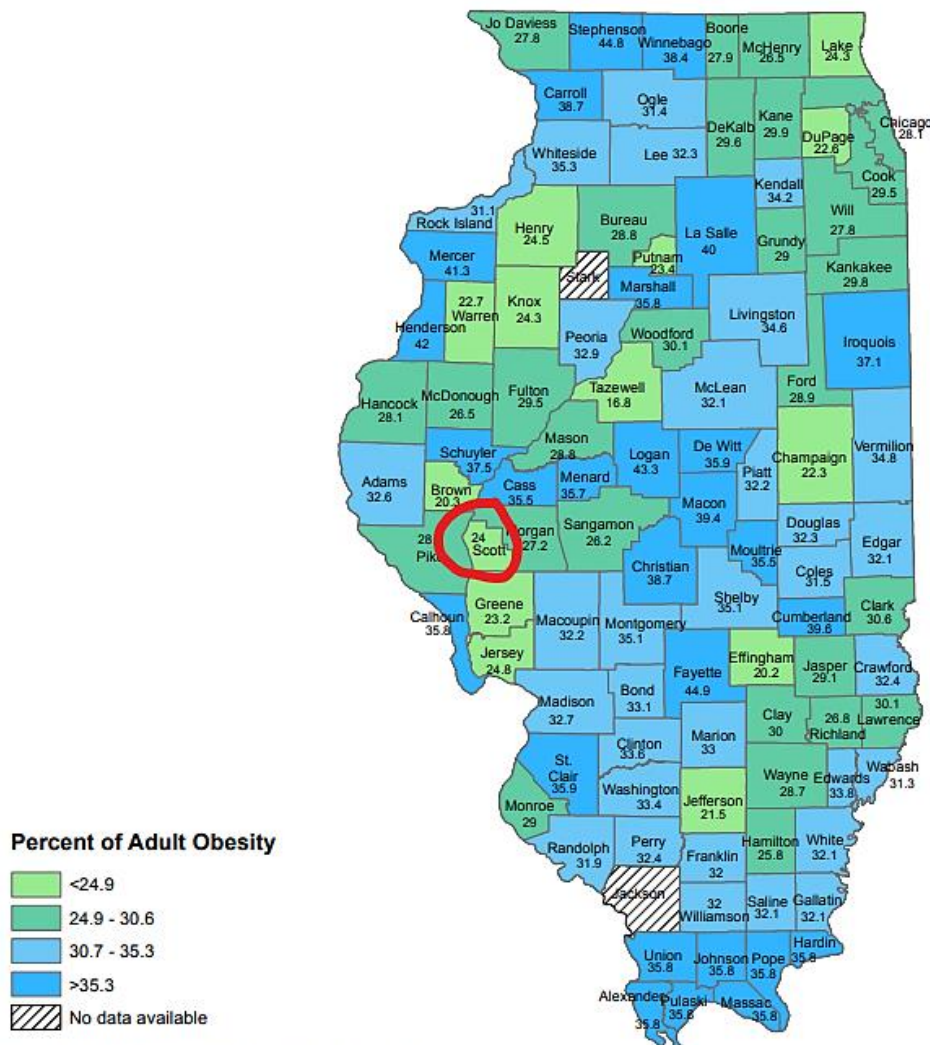
## Physical Activity

Although Calhoun and Scott counties had joint data for the BRFSS, we can still use those findings as a representation of Scott's community. According to Illinois County Behavioral Risk Factor Survey, round 6 (Collected 2015-2019), 71% of respondents reported having physical activity in the past 30 days.

## Obesity

Obesity is mainly caused by taking in more calories than are burned in physical activity and daily life movement. When people eat too many calories, or too much saturated fat and cholesterol, their blood cholesterol levels often rise. This raises their risk of heart disease. A body mass index, (BMI), value between 18.5 and 24.9 are healthy. A BMI greater than 25.0 is considered overweight.

### **Prevalence of Obesity Among Adults by County, Illinois, 2010 - 2014**



Obesity prevalence is measured by Body Mass Index (BMI). BMI is calculated based on self-reported height and weight.

Source: Illinois County Behavioral Risk Factor Surveys, 2010 - 2014  
Retrieved by IDPH Office of Health Promotion 4/14/2016



## Cancer

The Illinois State Cancer Registry is the only source of cancer incidence data for the state. This registry collects data by the reporting of new cancer diagnosis by Illinois hospitals, clinics, radiation treatment facilities, laboratories, and physician offices. According to data provided between 2014-2018, colon and rectum, lung and bronchus, and breast cancers were the top three cancer diagnoses amongst Scott County Residents. Colon and rectum cancers were detected at 45% localized and 35% being regional. Breast cancers were detected at 9.8% in situ, 56.1% localized, and 29.3% regional.

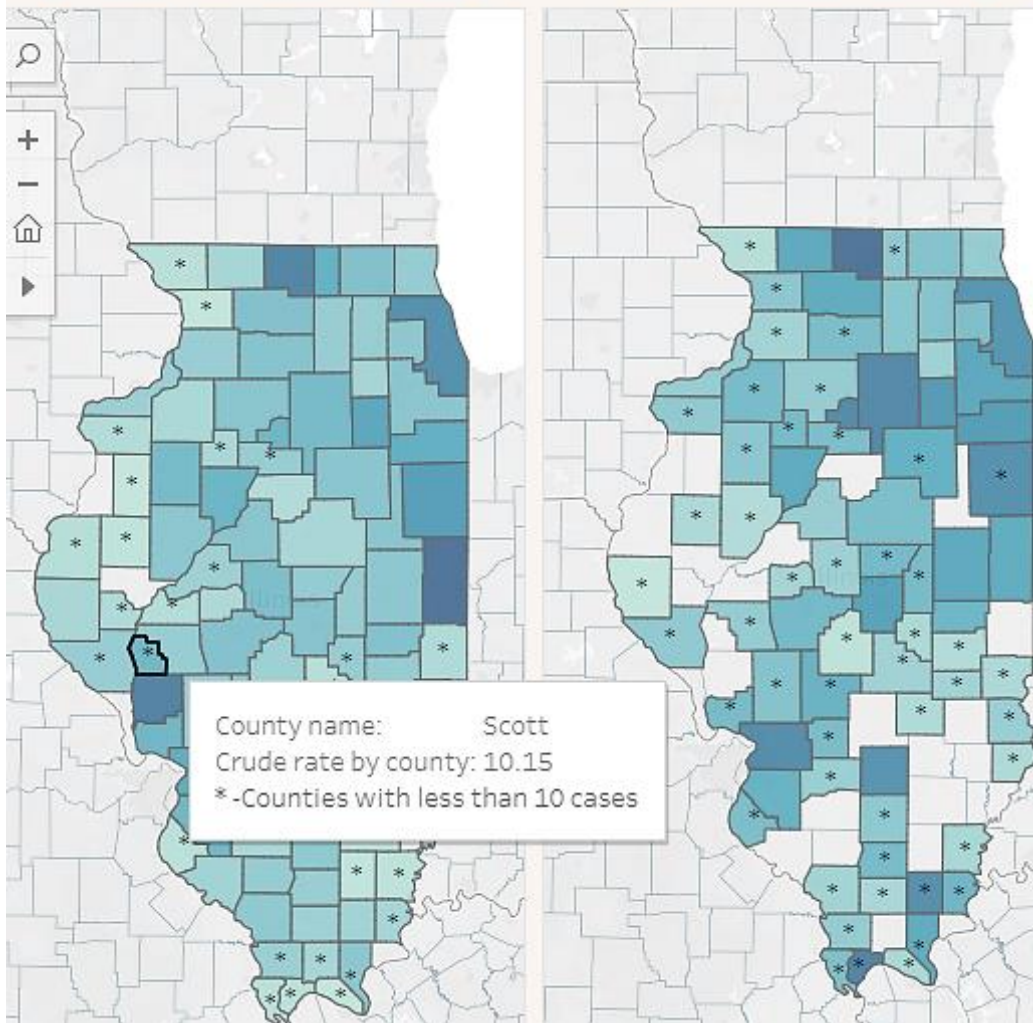
Scott												
Cancer Incidence Counts and Five-year Age-adjusted Rates by Sex												
All Sites Combined and Selected Sites, All Races, 2014-2018												
Figures include invasive cancer with the exception of urinary bladder (includes in situ) and breast cancer in situ as a separate category. Incidence counts are five-year totals. Rates are per 100,000 age-adjusted to the 2000 U.S. standard million population. Lower confidence intervals (LCI) and upper confidence intervals (UCI) are 95% for rates, Tiwari method.												
Site	Both Sexes				Males				Females			
	Count	Rate	LCI	UCI	Count	Rate	LCI	UCI	Count	Rate	LCI	UCI
All Sites	197	549.0	472.3	635.8	93	556.2	445.6	688.3	104	543.7	439.0	668.7
Oral Cavity and Pharynx	3	7.8	1.6	26.7	3	15.9	3.2	54.7	0			
Esophagus	3	7.8	1.6	26.8	2	11.2	1.3	48.6	1	4.9	0.1	37.8
Stomach	5	13.1	4.2	34.0	3	15.6	3.2	54.1	2	10.3	1.2	45.9
Colon and Rectum	20	61.0	36.1	97.6	13	86.9	44.5	154.3	7	34.5	13.0	79.5
Liver	2	4.9	0.6	22.5	0				2	8.3	1.0	41.8
Pancreas	4	10.3	2.8	30.1	1	6.8	0.2	43.0	3	12.7	2.6	47.8
Lung and Bronchus	25	65.5	42.3	99.2	14	81.9	44.4	142.5	11	51.4	25.5	98.9
Bones and Joints	0				0				0			
Melanoma of the Skin	10	34.2	15.5	65.8	4	23.0	6.1	65.7	6	46.7	15.7	105.4
Breast (invasive)	38	102.6	71.8	143.9	1	5.7	0.1	40.3	37	188.5	130.8	266.9
Cervix									0			
Corpus and Uterus, NOS									6	27.1	9.8	67.4
Ovary									1	4.4	0.1	36.9
Prostate					24	138.4	87.9	211.2				
Testis					1	10.8	0.3	54.2				
Urinary Bladder (includes in situ)	4	10.2	2.8	30.0	2	11.3	1.4	48.6	2	8.3	1.0	41.8
Kidney and Renal Pelvis	7	23.3	8.8	50.7	5	36.5	10.5	90.7	2	10.8	1.3	46.7
Brain and Nervous System	2	10.0	1.2	34.3	0				2	20.0	2.4	68.5
Hodgkin Lymphoma	0				0				0			
Non-Hodgkin Lymphoma	6	14.6	5.3	35.4	3	16.1	3.3	54.8	3	12.7	2.6	47.8
Myeloma	1	3.0	0.1	20.2	1	6.8	0.2	43.0	0			
Leukemia	5	12.4	4.0	32.7	3	16.1	3.3	54.8	2	9.3	1.1	43.7
All Other Sites	30	81.5	54.1	119.6	13	73.2	38.5	130.8	17	93.8	52.7	157.6
Breast in Situ (not in total)									4	31.1	8.0	81.8
DATA SOURCE: Illinois Department of Public Health, Illinois State Cancer Registry, data as of November 2020												



## Substance Abuse

### Non-Fatal Overdose Rate 2019

### Fatal Overdose Rate 2019

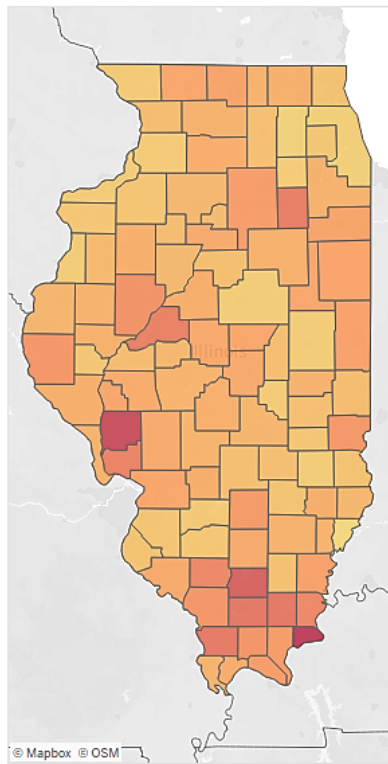


SOURCE: IDPH OPIOID DASHBOARD

The following two data images, obtained from the IDPH Opioid Dashboard, depict prescription opioids across the state level in comparison to Scott County.

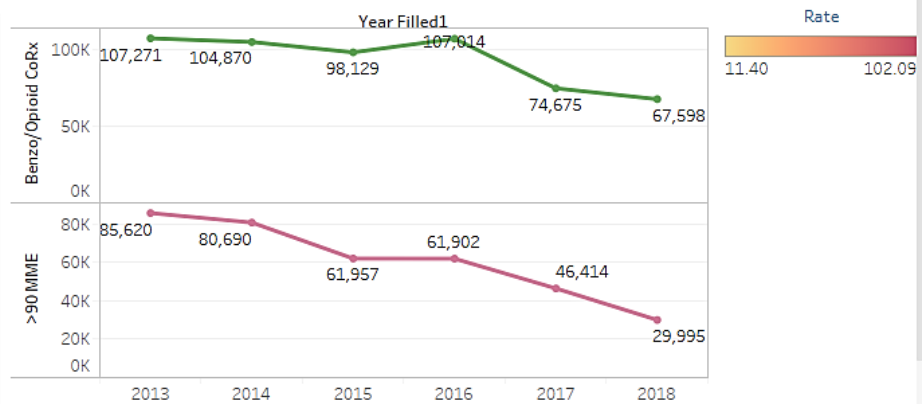
Average Days' Supply	Total patients	Total Prescriptions
101	2,102,727	4,850,691

&gt;90 MME Rate 2018

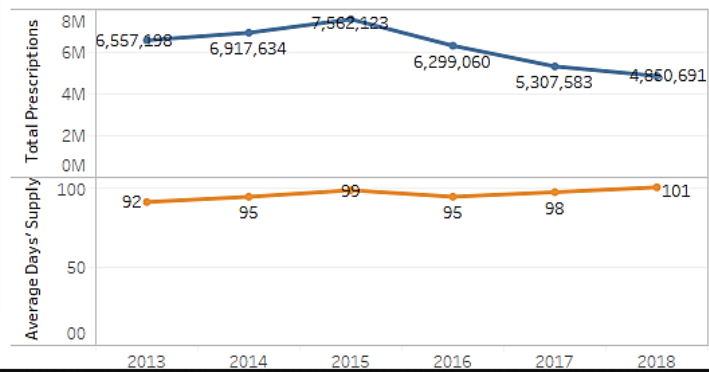


Year  
2018

High Risk Patient Populations



Total Rx's &amp; Average Days' Supply



SOURCE: IDPH OPIOID DASHBOARD

## Scott

Average Days' Supply

101

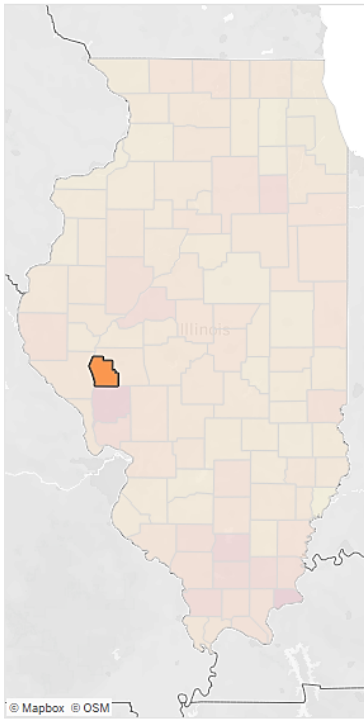
Total patients

1,094

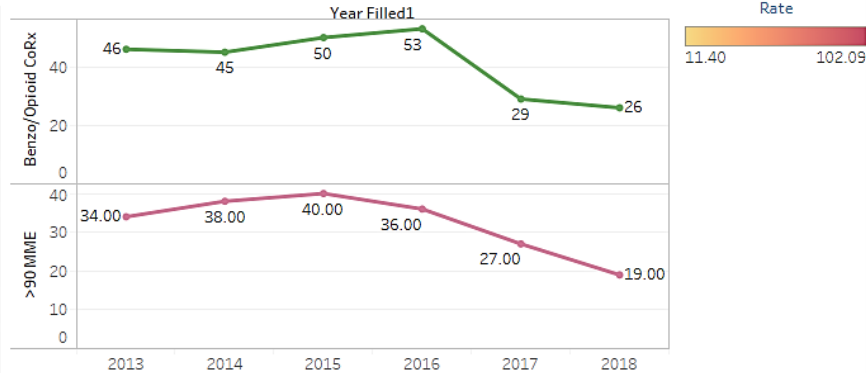
Total Prescriptions

2,771

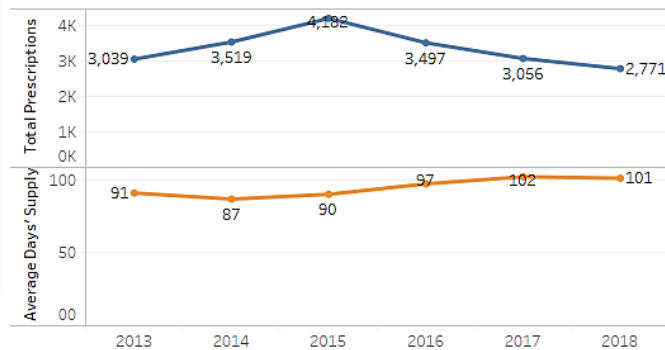
>90 MME Rate 2018



High Risk Patient Populations



Total Rx's & Average Days' Supply



SOURCE: IDPH OPIOID DASHBOARD

## Health Indicator – Maternal and Child Care

### Birth Characteristics

Birth Demographics by Resident County, Illinois Residents, 2019

Resident County	Total Births	Sex		Race/Ethnicity				Mother's Age Group					
		Male	Female	NH White	NH Black	NH Other	Hispanic	< 20	20 - 24	25 - 29	30 - 34	35 - 39	40 +
Richland	180	94	86	176	2	1	1	16	47	63	45	7	2
Rock Island	1,631	857	774	909	378	84	260	100	364	527	412	190	38
St. Clair	3,006	1,549	1,457	1,542	1,233	62	169	163	643	934	834	361	71
Saline	294	151	143	283	9	0	2	17	94	103	59	19	2
Sangamon	2,098	1,055	1,043	1,446	505	62	85	102	405	670	611	276	34
Schuyler	71	35	36	63	6	1	1	3	15	30	16	7	0
Scott	41	17	24	41	0	0	0	2	14	13	11	1	0

County	Adequate Prenatal Care	Cesarean	Low Birth Weight	Mother Unmarried	Non HS Graduate Age 20+	Preterm	Very Low Birth Weight
Illinois	106,897	42,928	11,835	55,320	10,621	14,996	1,993
Scott	38	15	4	21	2	2	0

SOURCE: IDPH Vital Statistics

### Life Expectancy

According to the Institute for Health Metrics and Evaluation, Scott County has a life expectancy of 78.78 years. Females of Scott County have a life expectancy of 81 years which is very comparable to the state female life expectancy of 81.25 years. Males of Scott County have a life expectancy of 76.5 years which is also very comparable to the state male life expectancy of 76.69 years.

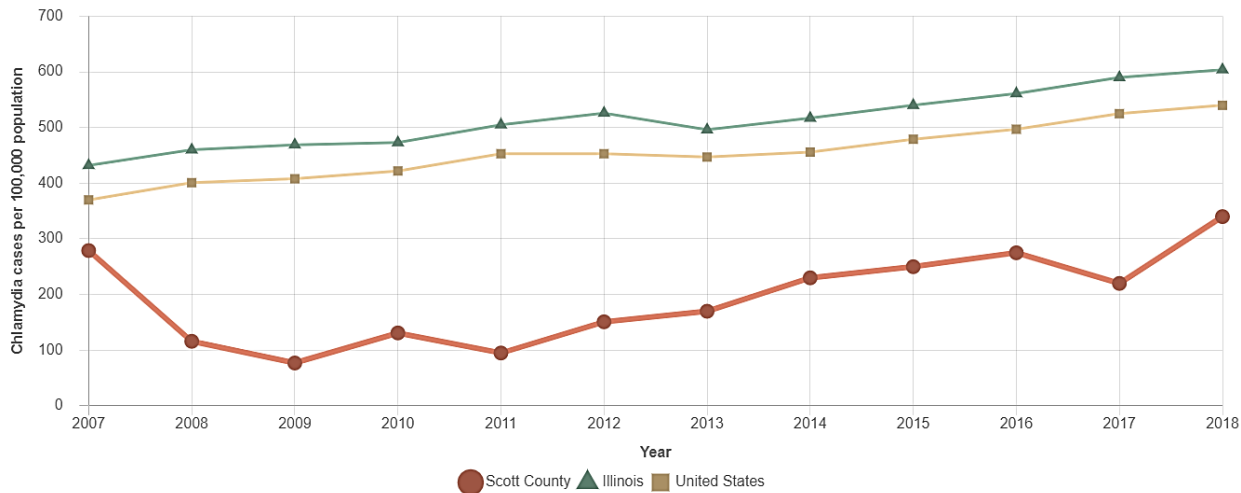
# Health Indicator – Infectious Disease

## Sexually Transmitted Infections

According to the IDPH STD section, Scott County had a -43% change in Chlamydia case from 2020 – 2021 while also having a 33% increase in cases of Gonorrhea from 2020 – 2021. There were no reports of Syphilis. Scott County had extremely low case volume in comparison to the state.

Sexually transmitted infections in Scott County, IL  
County, State and National Trends

Scott County is getting worse for this measure.



Notes:  
Sexually transmitted infections should only be compared across states with caution.

Reportable Sexually Transmitted Diseases by Morbidity Responsibility Area  
Provisional Cases Reported 1/1/21 - 6/30/21 Compared to Cases Reported 1/1/20 - 6/30/20

County	Chlamydia			Gonorrhea			Primary & Secondary Syphilis			Early Syphilis		
	2020	2021	% Change	2020	2021	% Change	2020	2021	% Change	2020	2021	% Change
Pulaski	11	6	-45	15	5	-67	0	0	NA	0	0	NA
Pulnam	8	2	-75	1	1	0	0	0	NA	0	0	NA
Randolph	41	31	-24	17	15	-12	0	0	NA	0	0	NA
Richland	13	4	-69	6	8	33	0	0	NA	0	0	NA
Rock Island	315	342	9	128	179	40	3	5	67	6	7	17
Saline	52	56	8	19	33	74	0	0	NA	1	0	-100
Sangamon	638	606	-5	342	358	5	6	11	83	11	16	45
Schuyler	4	7	75	0	4	NA	0	0	NA	0	0	NA
Scott	7	4	-43	3	4	33	0	0	NA	0	0	NA

## Reportable Infectious Diseases

According to Illinois Department of Public Health, the following reportable infectious diseases were recorded for Scott County in 2021:

- Coronavirus Novel 2019 – 693
- Hepatitis C, chronic infection – 3
- Salmonellosis – 7

Scott County did not have any reported cases of Lyme Disease, Mumps, Shigellosis, Varicella, Cryptosporidiosis, or Influenza with ICU hospitalizations.

# Health Indicator – Injuries & Environmental Health

## Motor Vehicle Crashes

Each driver involved in an Illinois traffic crash must file a crash report if the crash caused a death, bodily injury, or more than \$1,500 of property damage when all drivers are insured. If drivers are not insured, the threshold is \$500. In Scott County, there were a total of 109 reported motor vehicle crashes in 2019, according to the Illinois Department of Roadway Crash Data. Out of the 109 reported accidents, only 2 fatalities occurred. 83 accidents occurred in clear weather conditions. The main type of crash reported was an animal related crash. Most accidents occurred on Interstate 72, at 32 accidents. The most prevalent day (s) for accidents were Thursday and Saturday at a reported 20 accidents, while the most common time of day for an accident was between 5-7 PM. Only 2 of the documented motor vehicles crashes in Scott County involved alcohol impairment. The most common age group and gender of the driver were males aged 30-34, followed by males aged 35-39 and males aged 55-59.

## Fatal Occupational Injuries

There is not county-level data available for occupational related injuries. However, analysis of the state-level data could reflect on the impact of these types of fatalities on public health within Scott County's community. The state-level data may also provide insight to that populations most effected, thus identifying areas to focus on prevention within Scott County.

According to the U.S. Bureau of Labor Statistics, the private construction company industry had the highest number of fatalities in Illinois in 2019. Whereas the highest occupational group with work-related fatalities was the transportation and material moving group, (semi-truck drivers, tractor-trailer trucks). Men accounted for 90% of the occupational related fatalities in Illinois, while workers aged 25-54 accounted for 58% of the state's work-related fatalities in 2019.

## Environmental Health

According to the U.S. Environmental Protection Agency, (EPA), air pollution can initiate heart attacks, strokes, and worsen heart failure. The Air Quality Index provides forecasts of air quality by state or zip-code. According to the Air Quality Index, Scott County is in "Good" standing, which is the best category of air quality.

According to the CDC, childhood lead poisoning in Illinois is one of the highest in the nation. Some of the main exposures of lead include homes built before 1978 that may contain lead-based paints, lead pipes, faucets, and plumbing fixtures. Due to Scott County being a historical location founded in 1829, many homes have been built within a concerning period for high lead levels within the home. A report generated from the Healthy Homes and Lead Poisoning Surveillance System indicates there have been an approximate 450 lead level tests conducted on Scott County Children in the last 5 years. Of these, around 40 children had concerning levels of greater than 5.0 micrograms of lead per deciliter of blood (µg/dL) that required intervention.

The EPA provides a map to assess radon levels depending on which zone Illinois residents reside. Radon is a radioactive gas that forms naturally when uranium, thorium, or radium, break down in rocks, soil, and groundwater. People can be exposed to radon from breathing radon in air through cracks and gaps in buildings and homes. The EPA estimates around 21,000 radon-related lung cancers a year. The recommendation is to fix homes if the radon level is 4pCi/L or higher. The EPA's map of radon zone shows Scott County in Zone 1, which is identified as a county with a predicted average indoor radon screening level of greater than 4pCi/L.





# Community Survey

A community survey was composed to distribute to the community with the aim of determining the community's understanding on the health concerns within Scott County. The survey was shared within the local newspaper, Facebook, and through email to local business entities and community leaders. A paper copy was also available for those who did not have the means to complete the survey online.

The survey results determined the top three behaviors that have the upmost influence on the community's overall health include:

- Drug/alcohol abuse
- Poor eating habits and unhealthy food choices
- Lack of exercise

The top five barriers to healthy living within Scott County were noted as:

1. Unawareness of services, programs, and resources
2. Lack of mental health services
3. Limited or unaffordable healthy food options
4. Inability to afford services
5. Lack of activities to promote health and exercise

The top five health issues identified in Scott County were:

1. Mental Health
2. Drug Abuse
3. Aging Issues
4. Alcohol Abuse
5. Heart Disease

Please find Appendix A & B for survey questions and results. Barriers of the survey include transition to new administration, time allowance to expand opportunities for access of survey, community lack of internet and COVID-19 effects of lack of in-person activities being conducted.

# Community Focus Group

Focus groups joined together in person at Scott County Health Department allowing members from Scott County communities to share awareness of community needs. The focus groups were conducted in two groups, both facilitated by Public Health Administrator Molly Peters.

## **Focus Group 1 – March 21, 2022, 9:00am:**

Krysta Coon, Winchester Schools, school nurse  
Dakota Chumley, Winchester High School guidance counselor  
Andy Stumpf, Winchester Schools Elementary Principal  
Jeannie Fearneyhough, Winchester Schools pre-school teacher  
April Littig, U of I Extension employee, 4-H group leader  
Debbie Rhoades, retired school nurse  
Phyllis Jefferson, retired public health nurse  
Tom Eddinger, Scott County Sheriff  
Grace Pinkerton, Winchester Schools, social worker

## **Scott County Health Department Team:**

Molly Peters – L.E.H.P., Public Health Administrator, Facilitator  
Angela Hoots – Registered Nurse, Scribe  
Meghan VanDeVelde – Registered Nurse, Scribe

## **Focus Group 2 – March 21, 2022, 1:00pm:**

Linda Sapp, Mayor of Bluffs  
Debbie O'dell, Scott County Nursing Home Administrator  
Marsha Mayner, Coordinator of the Outreach Center  
Danita Ray, Physician's Assistant, Winchester Family Practice  
Niki Passavage, Winchester Family Practice staff  
Rindi Hobson, Quincy Medical Group, Director of Primary Care  
Joyce Merriman, retired school nurse  
Maryon Shaw, Bluffs Schools administrative assistant  
Jackie Kuchy, Winchester Civic Group  
Libby Nobis, Winchester EMS, EMT

## **Scott County Health Department Team:**

Molly Peters – L.E.H.P., Public Health Administrator, Facilitator  
Angela Hoots - Registered Nurse, Public Health Services Staff, Scribe  
Meghan VanDeVelde – Registered Nurse, Public Health Services Staff, Scribe



# Community Focus Group Results

During the focus group community session, the topic of support and community “feel” were frequently reported. Comments such as “a close nit community who always come together in times of need,” “the overwhelming support for families in need, or after a tragedy, or for school events,” and “community connection among people” were used to describe Scott County.

Appendix C, D, and E demonstrates community resources, agenda and focus group facilitator questions which lead the group discussions, as well as a poster of quick facts presented to the focus groups. The Scott County Health Department team assisted in the process by acting as facilitators, notetakers, flip chart organizers, and observers. Discussions were captured for documentation purposes and the facilitator lead questions allowed for conversation to establish barriers, concerns, and positive community attributes.

Concerns identified in the Focus Groups discussions:

- Access to activities and space for physical activity for vulnerable high-risk community members
- Access to Daycare
- Access to Healthcare services
- Access to Mental Health services and education
- Lack of health education from child to parent
- Substance use
- Vaping use in teens and adults

Top priorities identified by focus groups:

<b>Access to activities and space for vulnerable community members- Root Cause Themes</b>	No physical space for students/community to meet because it is already in use for sports activities
No after school activities	Lack of community volunteers or people to assist
Lack of healthy activities happening in the community	Reduced involvement of church or other organizations to help engage the community
Lack of funds to support activities	Reduced community commitment to rural support systems

<b>Access to Daycare- Root Cause</b>	Lack of those willing to start a business
Reduced family structures or family able to assist as individuals need to work to live	Lack of afterschool programing
Barriers of program requirements to establish daycare/afterschool	Lack of involved community- change in culture must go home and care for family or prefer to be home
Lack of funds to support activities	Reduced community commitment to rural support systems

<b>Access to healthcare services- Root Cause Themes</b>	Lack of transportation
Rural settings such as the Bluffs area need services brought to the area	Community knowledge of services available
Funding for services to exist in a rural setting	Lack of education on the need to seek care
Generational ideology	Dental services are not available in the community

<b>Access to Mental Health Services or education- Root Cause</b>	Lack of Transportation
Needs increased during pandemic as people have turned to other coping strategies or may have developed more concerning behaviors	Unaware of services or locations that provide counseling for the community
Need for focused and targeted education on awareness of depression/anxiety	Lack of involved community- change in culture must go home and care for family or prefer to be home
Lack of funds to support services	Long waits to get appointments
Stigma for asking for help or education	Generational education of “we don’t talk about that” or “suck it up”

<b>Lack of health education from child to parent- Root Cause</b>	Lack of nutrition education
Lack of communication to community on healthy lifestyles or opportunities to improve health or self of community	Community unwilling to utilize a comprehensive approach due to political rationale
Lack of parent training or support groups	Increase risky behaviors by teens
Lack of world view and understanding of how to improve personal health	Parents lack of understanding of basic health needs

<b>Substance use/ vaping- Root Cause</b>	Lack of health education
Lack of teen education regarding risks of use	Parents purchasing substances
Lack of support groups for quitting	Increase risky behaviors by teens
Lack of world view and understanding of how to improve personal health	Parents’ lack of understanding of the prevention of risks for young adults encourages behaviors- weed, alcohol, vaping, other drugs

Limited barriers were identified in focus group discussion since focus group discussion took place in-person during low COVID-19 transmission. In general, participants had varying perspectives and encompassed a cross-section of the community which included areas of Winchester and Bluffs, however, generally, participants were similar in age and demographic.

# Data Review

Assessment of community needs took place in 2022 which included an assessment of the seven required IPLAN data systems areas. Data was captured through data collection, community survey, focus group assessments, and organizational capacity assessments. Agency Strengths, Weaknesses, Opportunities, and Threats (SWOT) analyses were identified following the appointment of the new administration by the Board of Health. Data was collected regarding the Scott County community and analyzed to determine the top three priority areas most urgent to the Scott County Community.

Qualitative and quantitative data gathered is shared in Appendix B and E, which was used as the basis for analysis within the community focus group and Scott County IPLAN team. To determine the priority groups, the core team met to analyze data and gauge community perspective and insights gathered on the urgent needs. Core Team also included member of Scott County Board of Health to help assess and determine Scott County priority plans.

During this time, COVID-19 is important to consider as a sentential event that may impact information, data, and community needs upcoming to come. There may be long-term effects or data that is impacted by this public health crisis. A lot is still unknown regarding long-term disease and community impact. More information will continue to develop as response transitions or continues to evolve.

Scott County IPLAN documents, data, analysis, and priority groups were presented and approved by the Board of Health on April 25, 2022. The Board of Health and County Commissioners look forward to new opportunities and advancement of the health department, community, and staff. By looking deeply into our community, we can make a difference in reducing morbidity and mortality within our community.

# 2023 – 2027 Scott County Priority Areas

## **PRIORITY 1: Mental Health Access**

## **PRIORITY 2: Community Health Education**

## **PRIORITY 3: Substance Use and Vaping Prevention**

By increasing access and support for the three priority groups, Scott County will improve overall community health among residents in several ways. The identified priority groups will improve education, awareness, and prevention to reduce heart disease, diabetes, stroke, cancer, obesity, adolescent risky behaviors, reduction of substance use, and prevent disease. Scott County Health Department will be successful in improving awareness efforts to improve community access and health education. Scott County is valued and considered a reliable source of service within the community.

# Board of Health Approval Letter



Jeff Duncan, President, Board of Health  
Molly Peters B.S. LEHP, Public Health Administrator

April 26, 2022

Illinois Department of Public Health  
Attn: IPLAN Program  
Office of Policy, Planning and Statistics  
525 W. Jefferson St., 2<sup>nd</sup> Floor  
Springfield, IL 62761

Dear IPLAN Program Team:

The Scott County Health Department Board of Health has been kept informed regarding the preparation of the Illinois Project for Local Assessment of Needs (IPLAN) in conjunction with the Community Committee and staff.

The IPLAN was presented and reviewed by the Board of Health with final approval at the April 26, 2022, Board of Health Meeting. The Board of Health reviewed the Organizational Capacity Self-Assessment and adopted the Community Health Plan.

Sincerely,

Jeff Duncan, President  
Scott County Board of Health

Molly Peters, B.S., L.E.H.P.

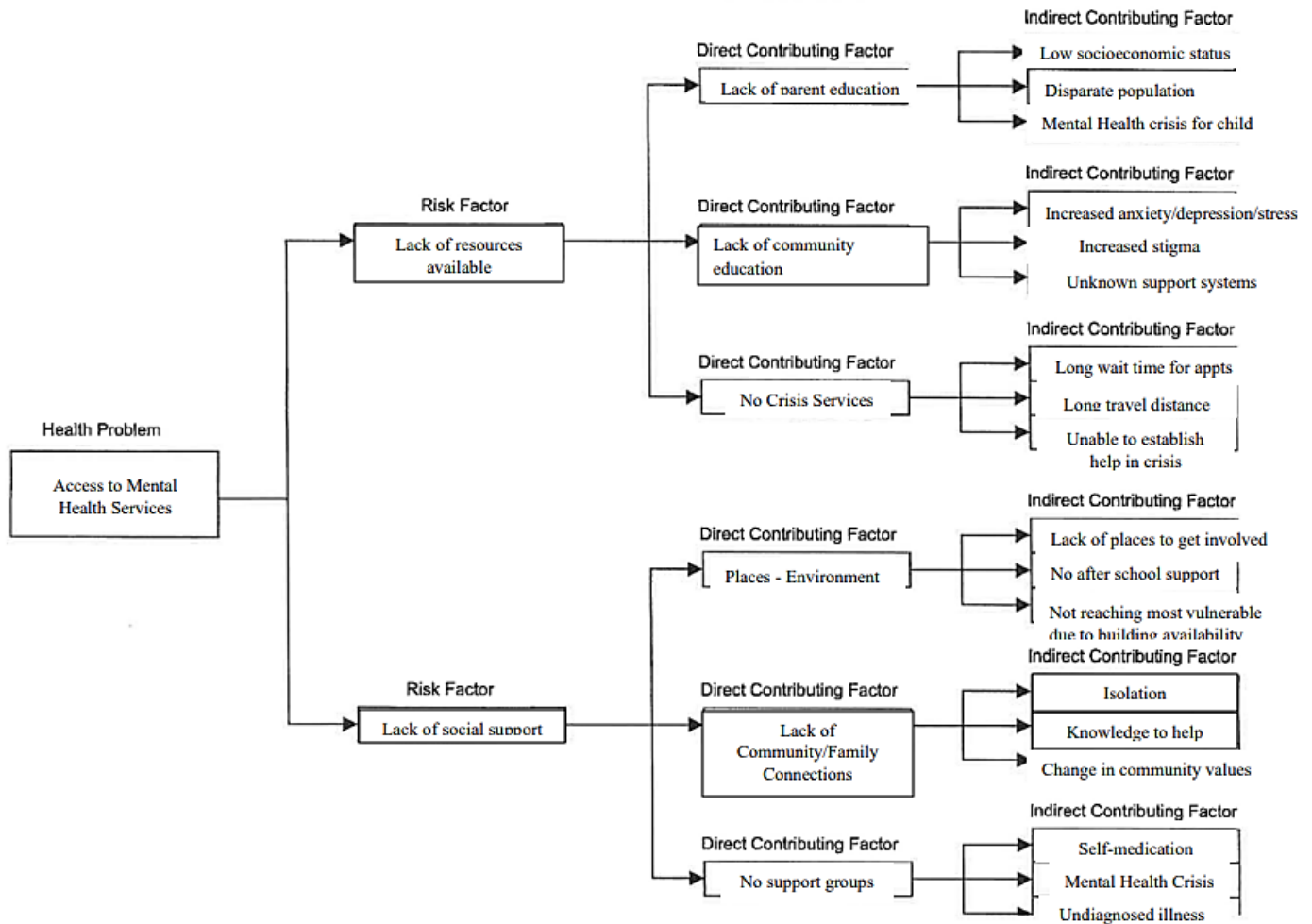
335 WEST CHERRY STREET WINCHESTER, IL 62694  
T 217.742.8203 F 217.742.8304

# Mental Health Access Priority Plan

<p><b>Health Problem:</b></p> <p>Due to lack of health education, stigma, lack of professionals living in the community, generational ideology, rural culture, and general access, mental health community wellness continues to be a priority.</p> <p>Community requires knowledge of resources and an increase of awareness of resources available.</p> <p>Change in culture technology will continue to assist in rural community's access services but there is a need to bring awareness to tools available.</p> <p>Crisis services are limited, and resources must be maintained with community awareness efforts.</p> <p>Continued stress, crisis, changes in family dynamics, societal changes, domestic violence, substance use, depression, anxiety etc. continue to play a role in disparate and vulnerable communities. COVID-19 pandemic has brought these concerns to a surface, and we must do all in our power to provide community outlets and resources to improve mental wellness within the community.</p>	<p><b>Outcome Objective:</b></p> <p>By January 2027, reduce the percent of individuals indicating that Mental Health is a significant health concern by 10%.</p> <p><b>Baseline Data:</b> 68% of those that participated in Scott County Community Survey indicated that Mental Health (depression, anger, anxiety, etc.) was of the top concerns for health problems in the community. 44% included awareness of services was a barrier.</p> <p>By January 2027, increase awareness of reliable mental health access and resources available to the Scott County Community through strategic messaging and health education.</p> <p><b>Baseline:</b> Scott County has limited access to a community resource center and awareness due to lack of community website. Resource will be made available and updated to ensure community crisis support.</p>
<p><b>Risk Factors:</b></p> <ol style="list-style-type: none"><li>1. Lack of Social Support</li><li>2. Lack of Resources Available</li></ol>	<p><b>Impact Objectives:</b></p> <p>By June 2022, compile resources and address access and awareness to mental health services by updating Scott County's new website to include resources for mental health.</p> <p>By January 2023, convene a mental health taskforce utilizing leadership professionals within Scott County to address concerns related to COVID-19 response and recovery.</p> <p>By 2026, raise awareness about mental health to reduce stigmas associated with mental illness, promote help-seeking behaviors, and emotional well-being practices.</p>

<p><b>Contributing Factors direct (D) &amp; indirect (I):</b></p> <p><b>Lack of Parent Education (D)</b>  (I) Low socioeconomic status  (I) Disparate population  (I) Mental health crisis for child</p> <p><b>Lack of Community Education (D)</b>  (I) Increased anxiety/depression/stress  (I) Increased stigma  (I) Unknown support systems</p> <p><b>No Crisis Services (D)</b>  (I) Long wait time for appointments  (I) Long travel distance  (I) Unable to establish help in crisis</p> <p><b>Places – Environment (D)</b>  (I) Lack of places to get involved  (I) No after school support  (I) Not reaching the most vulnerable due to building availability</p> <p><b>Lack of Community/Family Connections (D)</b>  (I) Isolation  (I) Knowledge to help  (I) Change in community values</p> <p><b>No Support Groups (D)</b>  (I) Self-medication  (I) Mental Health Crisis  (I) Undiagnosed illness</p>	<p><b>Proven Intervention Strategy:</b></p> <ul style="list-style-type: none"> <li>• Identified transportation and resources available to Scott County residents and resources they are willing to utilize</li> <li>• Tailored interventions to help the community best to include understanding of culture and rural needs</li> <li>• Encourage mental health awareness, help-seeking behaviors and improve education on the normalcy of human mental health needs</li> <li>• Identified community advocates to speak out to improve the mental health of the community</li> <li>• Partnering with school districts, court interventions, faith-based organizations, those with lived experience</li> <li>• Improving parent and student education</li> <li>• Encouraging healthy outlets for coping and stress relief</li> <li>• Easy access to information and resources within Scott County</li> <li>• Increase screening of patients that enter SCHD and through Family Case Management and Women, Infant, and Children programs</li> </ul>
<p><b>Resources Available:</b></p> <ul style="list-style-type: none"> <li>• Midwest Youth Services</li> <li>• Memorial Behavioral Health Clinic</li> <li>• SIU Psychiatry</li> <li>• Park Place Center</li> <li>• Gateway</li> <li>• Crisis Center</li> <li>• QMG (Winchester Family Practice)</li> <li>• Scott County Health Department</li> <li>• University of Illinois Extension Office-Scott County</li> <li>• Illinois Dept. of Aging</li> <li>• Illinois Department of Veterans Affairs</li> <li>• Illinois Dept. of Public Health &amp; Human Services</li> <li>• Jacksonville Memorial Hospital</li> <li>• Illini Community Hospital</li> <li>• Scott County Sheriff Office</li> <li>• National Suicide Prevention Hotline</li> <li>• Memorial Health Emotional Support Hotline</li> <li>• Cass County Health Clinic</li> </ul>	<p><b>Barriers:</b></p> <p>Long term funding</p> <p>Support staff with knowledge and mental health licensure</p> <p>Professionals available</p> <p>Travel to resources/counseling</p> <p>Stigma</p> <p>Poverty/low income/uninsured</p>

## HEALTH PROBLEM ANALYSIS WORKSHEETS





**Descriptions of the health problem, risk factors, and contributing factors (including high-risk populations, and current and projected statistical trends.)**

During the last several years through COVID-19 response, there has been an established need to prepare and prevent other fallout crisis related to long-term impact of a global pandemic on a community's mental health. We must do more to address impacts now to ensure resilience and improved coping strategies to reduce morbidity and mortality of the rural community. It is evident that there has been specific draining of our community mental wellness through long term media coverage, political division, illness effects, depression, loneliness, anxiety, and other significant distress. The community remains resilient and able to address awareness, intervention, and response but long-term planning and impacts must be addressed to ensure an improved state of community mental wellness. According to the U.S. Centers for Disease Control and Prevention, mental health related visits are up by 24% since 2020 for children ages 5-11 while visits of children ages 12-17 have gone up 31%. Trends in adults seeking alcohol and substance use for coping as well as increased aggression and need for behavioral health counseling are observed as well. There is limited data regarding mental health specific to the Scott County community and limited impact data regarding COVID-19 in Scott County but through community survey and focus group discussion it is evident there is a need to reduce stigma of seeking help, identify resources available to the community for crisis, and provide community education and outreach.

**Healthy People 2030 Objectives Related to Mental Health**

MHMD - 06	Increase the proportion of adolescents with depression who get treatment
MHMD - 02	Reduce suicide attempts by adolescents
MHMD - 08	Increase the proportion of primary care visits where adolescents and adults are screened for depression
MHMD - 05	Increase the proportion of adults with depression who get treatment
MHMD – 01	Reduce suicide rate

**Corrective Actions to reduce the level of indirect contributing factors:**

1. SCHD will increase the promotion and education of mental wellness that include topics such as healthy coping strategies, stress management, suicide prevention, when to seek help, resources, signs, and symptoms of depression/anxiety.
2. Convene a Mental Health Taskforce that focuses on community needs that will directly provide more opportunities for residents to get involved and identification of vulnerable community members that need the most assistance/support.
3. Provide mental health resources on website and shared through other community message outlets such as churches, organizations, Scott County Times, and other businesses.
4. Increase partnerships with school districts and city officials to identify youth and adult activities that may support individuals' sense of community, engagement, and support systems to foster strategies to reduce isolation and improve mental health resiliency.
5. Provide access to community resources such as mental health first aid, parent education, student support and leadership opportunities.

**Proposed Community Organization(s) to Provide and Coordinate the Activities:**

Scott County Health Department will focus on improving resources, community connection, education, and support for mental health disparities. Through coordination with the Winchester CUSD #1 and Scott-Morgan CUSD #2 we can coordinate activities and evidence-based supports for parents, students, and staff. Jacksonville Crisis Center, DCFS, Scott County Sheriff's Department, EMS, and Midwest Youth Services will continue to be stakeholders that share interest in improved mental wellness and resource support. Improving partnerships will develop a strategic approach to established community need.

**Evaluation Plan to Measure Progress Towards Reaching Objectives:**

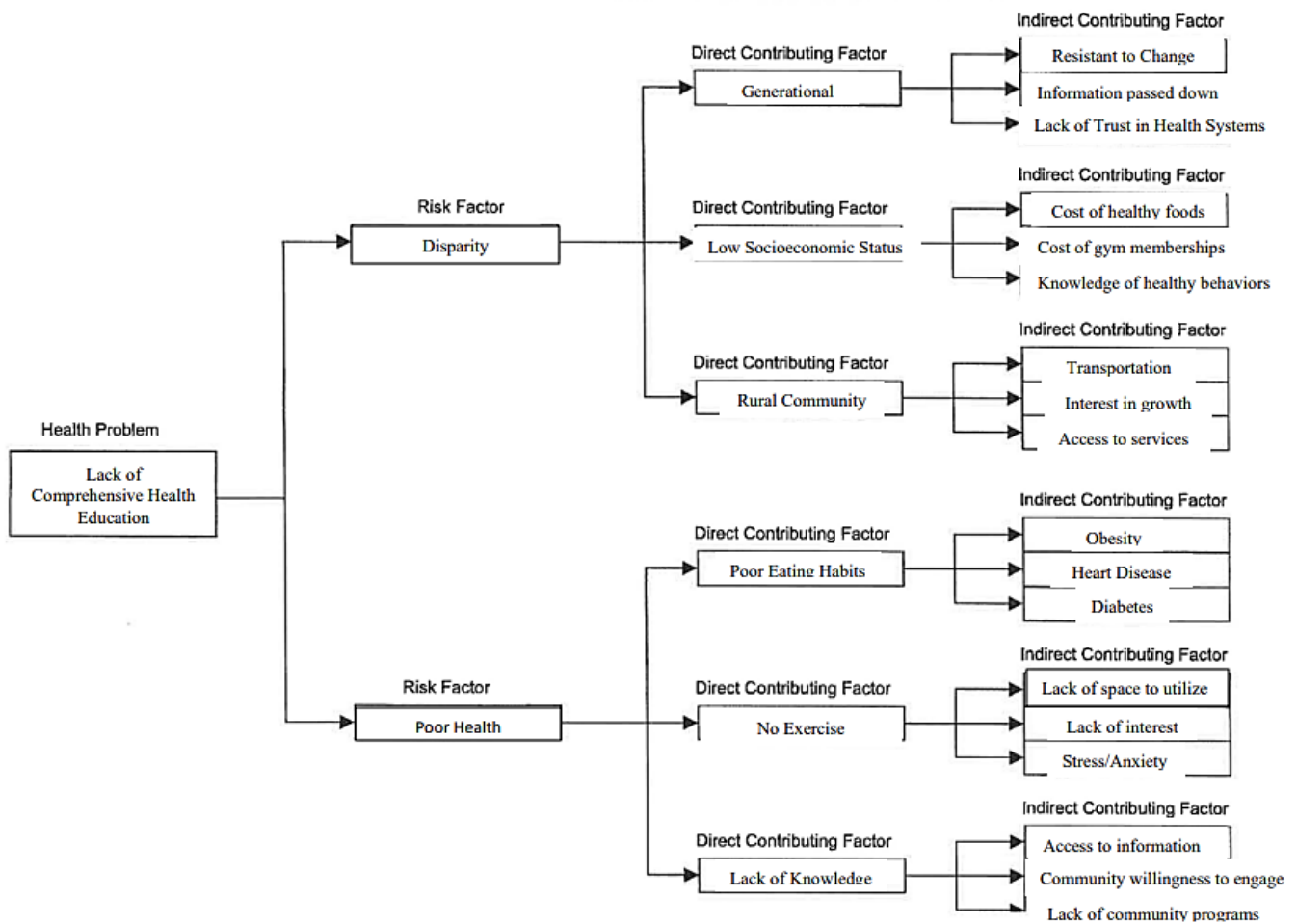
1. Completed internal Scott County mental health messaging workplan and resource list.
2. Mental Health Taskforce meeting schedule dates posted on SCHD website.
3. School district data regarding number of students identified in crisis and number that were able to locate crisis support.

# Community Health Education Priority Plan

<p><b>Health Problem:</b></p> <p>Due to the rural nature of the community, there is a lack of funds, staffing, and opportunity that supports community health education. By establishing SCHD as a system to expand reliable community health education, we can provide resources, skills, and knowledge to improve morbidity and mortality of a community.</p> <p>Lack of comprehensive health education for parents and families expands vulnerability and disparity within the rural community.</p> <p>Lack of world view, resistance to change, lack of access to resources and generational ideology plays a role in the health of the community. There is a need for reliable community messengers to improve health behaviors.</p> <p>Lack of evidence-based support groups, individual training regarding basic health needs is lacking to support families and parents with tools to improve health and prevent disease in the community health.</p>	<p><b>Outcome Objective:</b></p> <p><b>By January 2027, reduce the number of individuals indicating they are in fair or poor health from 15.7% to 10%.</b></p> <p><b>Baseline Data:</b> Although data from Illinois County Behavioral Risk Factor Survey, Round 6 (2015-2019) utilizes Calhoun and Scott in respondents, SCHD will be addressing general health status as a measurement. Currently general health status included 15.7% indicating they were in fair or poor health.</p> <p>By January 2027, assure access to health education opportunities for individuals, parents, and families by increasing education programs offered at SCHD from 1 to 5.</p> <p><b>Baseline Data:</b> Currently SCHD offers WIC programs to encourage local health education opportunities, but to better engage the individual, parents, and families, additional evidence-based services may be offered to create growth opportunities that reduce long term disparity.</p>
<p><b>Risk Factors:</b></p> <ol style="list-style-type: none"> <li>1. Disparity</li> <li>2. Poor Health</li> </ol>	<p><b>Impact Objectives:</b></p> <p>By June 2022, assess workforce capabilities and strategic planning for long-term sustainability of community health programs.</p> <p>By October 2022, identify a workplan to address targeted interventions utilizing a comprehensive health education evidence-based approach to improve Scott County community physical activity, blood pressure screening, diabetes, obesity, and heart disease through parental and family education support.</p> <p>By June 2023, convene partnership committee to develop a community strategic health improvement plan.</p> <p>By January 2024 implement comprehensive community health programs to improve health outcomes for individuals, parents, and families.</p>

<p><b>Contributing Factors direct (D) &amp; indirect (I):</b></p> <p><b>Generational (D)</b>  (I) Resistant to Change  (I) Information passed down  (I) Lack of Trust in Health Systems</p> <p><b>Low Socioeconomic Status (D)</b>  (I) Cost of Healthy Foods  (I) Cost of gym memberships  (I) Knowledge of healthy behaviors</p> <p><b>Rural Community (D)</b>  (I)Transportation  (I) Interest in growth  (I)Access to services</p> <p><b>Poor Eating Habits (D)</b>  (I) Obesity  (I) Heart disease  (I) Diabetes</p> <p><b>No Exercise (D)</b>  (I) Lack of space to utilize  (I) Lack of interest  (I) Stress/Anxiety</p> <p><b>Lack of Knowledge (D)</b>  (I) Access to Information  (I) Community willingness to engage  (I) Lack of Community Programs</p>	<p><b>Proven Intervention Strategy:</b></p> <p>Integrated approach of health promotion that focuses on attitude, behaviors, and environments.</p> <p>Building partnerships with policy makers</p> <p>Evidence based curriculum/supports</p> <p>Comprehensive community intervention health programs</p> <p>Improve access to supported education opportunities in rural settings Winchester/Bluffs</p>
<p><b>Resources Available:</b></p> <ul style="list-style-type: none"> <li>• Bluffs Schools (Scott-Morgan Community School District 2)</li> <li>• Winchester Schools (Winchester Community School District #1)</li> <li>• QMG (Winchester Family Practice)</li> <li>• Elite Health &amp; Wellness</li> <li>• Scott County Health Department</li> <li>• Midwest Youth Services</li> </ul>	<p><b>Barriers:</b></p> <p>Resistance to change</p> <p>Generational ideology</p> <p>Staffing at the school districts and SCHD</p> <p>Programs/funding that support community health education broadly without specific scope</p> <p>Participation and people showing up to education events</p> <p>Need for long-term approach</p> <p>Political climate</p>

## HEALTH PROBLEM ANALYSIS WORKSHEETS



**Descriptions of the health problem, risk factors, and contributing factors (including high-risk populations, and current and projected statistical trends.)**

Parent and family health education is key to improved community health. Continued lack of access devastates a community and health system. The cost of treatment remains extensively more than the cost of prevention. According to the National Library of Medicine, “Nearly 40% of all deaths in the United States are due to behavioral causes, attention to prevention has encompassed oversite and tobacco smoking prevention in addition to vaccinations and cancer screenings.” Comprehensive education improves loss of productivity, loss of income, quality of life, disparity populations, and long-term generational knowledge. Often when families have limited access to resources, they will continue in patterns and unhealthy habits that effect heart disease, blood pressure, diabetes, obesity, cancer rates, and physical activity, which all impact morbidity and mortality of a community. By utilizing improvements through evidence-based education, we can impact a community to improve overall outcomes.

**Healthy People 2030 Objectives Related to Comprehensive Health Education**

AHS - 08	Increase the proportion of adults who get recommended evidence-based preventative health care
HDS – D07	Increase the proportion of adults whose risk for atherosclerotic cardiovascular disease was assessed
AH - 01	Increase the proportion of adolescents who had a preventative health care visit in the past year
ECBP – D07	Increase the number of community organizations that provide prevention services
HDS - 05	Increase control of high blood pressure in adults

**Corrective Actions to reduce the level of indirect contributing factors:**

1. Utilize behavior change model and evidence-based programing when deciding enhancement and program opportunities.
2. Provide consistent and reliable information that is science and evidence based.
3. Focus on basic health knowledge improvements and support that will directly improve or reduce heart disease, diabetes, stroke, obesity, and improve physical activity.
4. Ensure access to programs are diverse and include disparate areas such as Bluffs area as it has limited resources available.
5. Identify engaging opportunities by developing partnerships that expand strategic community health planning.

**Proposed Community Organization(s) to Provide and Coordinate the Activities:**

Scott County School Districts, (Winchester CUSD #1 & Scott-Morgan CUSD #2), will be a great advocate for this opportunity as they may identify a focused need within the community regarding health education opportunities for individuals, parents, and families. As the school districts have a close working relationship with the community, they can assist in creating interest and awareness of community needs. Winchester Family Practice would be a partner that could be utilized as a guest speaker during planned programing. There may also be additional resources that they could support and advocate for. Civic groups, Local EMS, the Outreach Center, American Heart Association, University of Illinois Extension, economic development groups will all assist in supporting community outreach and ensure people are aware of opportunities.

**Evaluation Plan to Measure Progress Towards Reaching Objectives:**

1. Evidenced based programs will include evaluation of program and outcomes. Ensure completion of evaluation tools and monitor results.
2. Monitor number of participants, outreach conducted and locations of programing to ensure access is provided equitably throughout the community.

# Substance Use and Vaping Prevention Priority Plan

## Health Problem:

Continual adolescent use of tobacco and other vaping products.

Generational use of nicotine products that effect generations with of secondhand smoke exposure.

Smoking is encouraged or seen as a normal part of life for many individuals and families.

Rural nature of a community offers limited activities without the use of substances. Scott County has not participated in the Illinois Youth Survey at this time, but this will be encouraged to identify adolescent trends as well.

Drug and alcohol abuse were reported in Scott County Health survey as a significant health problem. During focus group discussion alcohol, tobacco, and vaping were among the highest topics discussed as a community issue. Alcohol, drug abuse were the top two concerns noted in the survey and e-cigarettes and tobacco use were also noted as a concern.

## Outcome Objective:

By January 2027, reduce the number of people in Scott County using tobacco or vaping from 22% to 16% by providing education and tobacco cessation support.

**Baseline Data:** 22% of adults smoke in Scott County which is above the National and Illinois average of 16% according to Robert Wood Johnson County Rankings and Roadmaps.

By January 2027, reduce the number of people reporting binge drinking from 26% to 20% through identifying substance use free community activities.

**Baseline Data:** 26% of people indicated binge drinking within the Illinois Behavioral Risk Factor Surveillance System and it is possible this number would be slightly higher than reported.

## Risk Factors:

1. Lack of Education
2. Environmental Barriers

## Impact Objectives:

By August 2022, provide details tools and resources focused on prevention and substance use education on SCHD website.

By October 2022, identify a peer leadership group which includes adolescents between 8<sup>th</sup> grade and 11<sup>th</sup> grade to focus on interventions, topics, and trends.

By January 2023, prepare student led campaign to improve substance use education relating to risks, health effects, and resources to quit.

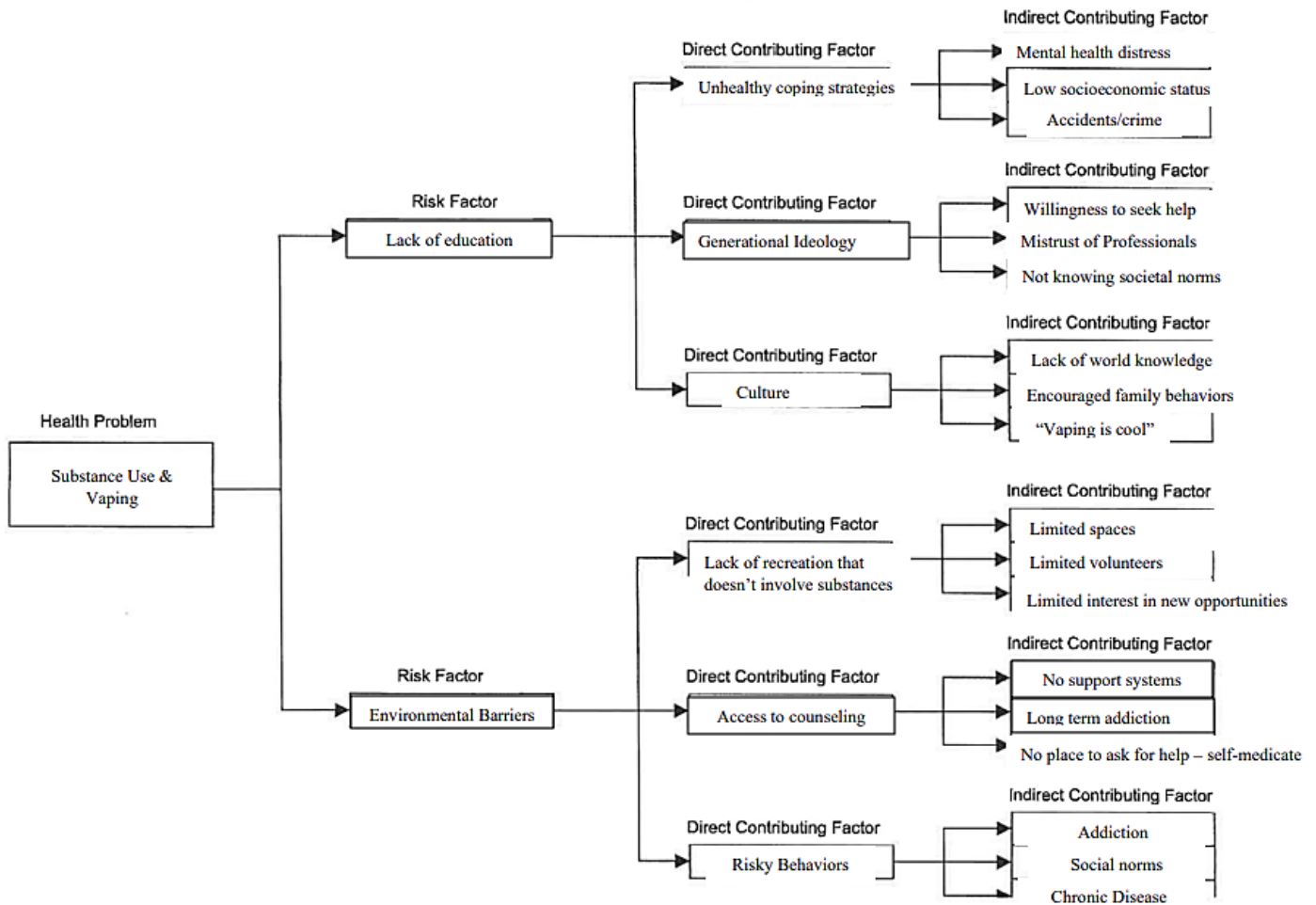
By June 2023, provide and maintain support group access to assist individuals, parents or family in substance use, tobacco, or vaping intervention.

By June 2024, establish substance use free activities that support community needs by providing additional outlets for those in recovery or as a prevention effort.

<p><b>Contributing Factors direct (D) &amp; indirect (I):</b></p> <p><b>Unhealthy Coping Strategies (D)</b>  (I) Mental health distress  (I) Low socioeconomic status  (I) Accidents/crime</p> <p><b>Generational Ideology (D)</b>  (I) Willingness to seek help  (I) Mistrust of professionals  (I) Not knowing societal norms</p> <p><b>Culture (D)</b>  (I) Lack of world knowledge  (I) Encouraged family behaviors  (I) "Vaping is cool"</p> <p><b>Lack of recreation that does not involve substance (D)</b>  (I) Limited spaces  (I) Limited volunteers  (I) Limited interest in new opportunities</p> <p><b>Access to counseling (D)</b>  (I) No support systems  (I) Long term addiction  (I) No place to ask for help – self medicate</p> <p><b>Risky Behavior (D)</b>  (I) Addiction  (I) Social Norms  (I) Chronic Disease</p>	<p><b>Proven Intervention Strategy:</b></p> <p>Identify effective tools and activities that improve stress and coping strategies such as a healthy diet and physical activities.</p> <p>Recreational activities</p> <p>Establishing group support to improve accountability and success.</p> <p>Motivational interviewing and relapse prevention supports.</p> <p>Education campaign for student populations to help identify risks that include short term and long-term effects.</p> <p>Parent and family support groups or learning sessions to assist in helping parent and child relationships. There is not enough support out there for this.</p>
<p><b>Resources Available:</b></p> <ul style="list-style-type: none"> <li>• Community Hope and Recovery Center</li> <li>• Gateway Foundation</li> <li>• Cass County Health Clinic</li> <li>• AI Non/AA/NA</li> <li>• Winchester Family Practice</li> <li>• Scott County Health Department</li> <li>• Jacksonville Memorial Hospital</li> <li>• Illini Community Hospital</li> <li>• University of Illinois Extension Office - Scott County</li> </ul>	<p><b>Barriers:</b></p> <p>Resistance to change</p> <p>Lack of knowledge of health effects</p> <p>Generational family experiences</p> <p>Lack of space for activities to assist in prevention of use</p> <p>Rural community culture</p> <p>Addiction</p> <p>Lack of counseling/treatment support</p>



# HEALTH PROBLEM ANALYSIS WORKSHEETS



**Descriptions of the health problem, risk factors, and contributing factors (including high-risk populations, and current and projected statistical trends.)**

Substance use and vaping were of upmost concern to the community as identified through data, survey and community focus groups discussion. Topic of high concern noted include tobacco use among teens and adults, vaping in general, and alcohol use. Providing education and tools that enable the community to reduce use seems to be of most value. Providing access to resources, education, and support that currently does not exist will help individuals, parents, and families navigate ways to improve personal health, family and community health.

**Healthy People 2030 Objectives Related to Substance Use**

SU - 15	Reduce the proportion of people who had drug use disorder in the past year
SU - 07	Reduce the proportion of adults who used drugs in the past month
SU - 05	Reduce the proportion of adolescents who used drugs in the past month
SU - 19	Reduce the proportion of people who misused prescription opioids in the past year
SU – R01	Increase the proportion of adolescents who think substance abuse is risky

**Corrective Actions to reduce the level of indirect contributing factors:**

1. Identify substance use free activities to sponsor or plan as a health department or community group to deter stress and unhealthy coping patterns.
2. Engage student lead discussion regarding use of vaping and interventions that could be successful identified by the peer group.
3. Provide student led campaign to reduce and prevent adolescent vaping and substance use.
4. Identify and increase awareness of support groups needed to reduce substance use and provide access to individuals, parents or families.
5. Increase substance use resources that include support groups, tools, and tobacco cessation resources on SCHD website.
6. Provide smoking cessation programs at SCHD.

**Proposed Community Organization(s) to Provide and Coordinate the Activities**

Scott County Health Department will work to identify additional data and needs while coordinating with Scott County Sheriff's department and local law enforcement agencies. Assessment of additional trends in drug use and focus on efforts to reduce community risks. School districts will be utilized to support vaping/tobacco prevention campaign and education efforts. Peer leadership remains an avenue for assessment to engage and message campaign in a way that relates to the students in Scott County. DCFS and the Crisis Center may also assist in identifying supports needed for struggling families.

**Evaluation Plan to Measure Progress Towards Reaching Objectives:**

1. Peer leadership formation, meetings schedule, and campaign conducted.
2. Evidence based peer support and education provided to community member which includes evaluation systems.
3. Website prepared and resources updated to include substance use, tobacco, and vaping prevention tools and resources.
4. Cessation programs conducted and monitoring the number of those who successfully quit.

## Sources and Links

Behavioral Risk Factor Surveillance System:

<https://www.cdc.gov/brfss/index.html>

The Healthy Homes and Lead Poisoning Surveillance System (HHPSS):

<https://hhlpss.illinois.gov/>

Illinois Department of Public Health:

<https://dph.illinois.gov/data-statistics.html>

Illinois Department of Transportation Crash Data:

<https://idot.illinois.gov/transportation-system/safety/Illinois-Roadway-Crash-Data>

Illinois Youth Survey Scott County Data:

Copy provided by the School District as link is not present online

Institute of Health Metrics Evaluation, University of Washington

<https://www.healthdata.org/>

National Library of Medicine

<https://www.ncbi.nlm.nih.gov/books/NBK53914/>

Scott County, Illinois Census:

<https://www.census.gov/quickfacts/fact/table/scottcountyillinois/PST045219>

IDPH Opioid Dashboard:

<http://idph.illinois.gov/OpioidDataDashboard/>

Robert Wood Johnson County Health Rankings and Roadmaps

<https://www.countyhealthrankings.org/app/illinois/2021/rankings/scott/county/outcomes/overall/snapshot>

United States Bureau of Labor and Statistics:

<https://www.bls.gov/eag/>

United States Environmental Protection Agency:

<https://www.epa.gov/>

# Appendix A – Community Survey

## Scott County Health Survey 2022

Please consider participating in a quick 10-minute survey. This survey will ask about your opinions of the current health needs of Scott County. You will also be asked to provide demographic information, (age, race, sex, etc.). Your responses will be used for research. All answers are anonymous. This is a voluntary survey, however, the more responses we receive, the better representation we will have. The results of this survey will be used to determine the need for resources within our communities.

You may contact us with any questions at 217-742-8203.

1. From the following list, please identify the (5) most important "health problems" in Scott County. (please select up to 5)

*Check all that apply.*

- ☐ Aging issues ( arthritis, hearing loss, vision loss)
- ☐ Alcohol Abuse
- ☐ Drug Abuse
- ☐ Cancer
- ☐ Child Abuse/Neglect
- ☐ Dental Problems
- ☐ Diabetes
- ☐ Domestic Violence
- ☐ Early sexual activity
- ☐ Fire-arm related injuries
- ☐ Heart disease/heart attack
- ☐ HIV/ AIDS
- ☐ Infectious disease ( flu, hepatitis, TB, pneumonia)
- ☐ Mental Health ( depression, anger, anxiety)
- ☐ Motor vehicle injury
- ☐ Obesity
- ☐ Sexual assault
- ☐ Respiratory/ lung disease ( asthma, COPD)
- ☐ Sexually Transmitted Disease
- ☐ Suicide
- ☐ Teenage Pregnancy
- ☐ Tobacco Use
- ☐ Stroke

Other: ☐ \_\_\_\_\_

2. What do you believe are the barriers to being healthy in Scott County?

Check all that apply.

- ☐ Unaware of services, programs, and resources available for specific concern
- ☐ Services and programs are hard to navigate alone
- ☐ Inability to afford available services
- ☐ Limited or unaffordable healthy food options
- ☐ Lack of activities to promote health and exercise
- ☐ Lack of activities for seniors
- ☐ Lack of financial resources
- ☐ Lack of transportation options
- ☐ Unemployment
- ☐ Lack of job opportunities
- ☐ Limited time due to commuting for work
- ☐ Difficulty scheduling with local providers
- ☐ Distance needed to get desired medical care
- ☐ Not able to establish annual, routine care
- ☐ Lack of mental health services
- ☐ Reckless driving
- ☐ Tobacco use
- ☐ Drug use
- ☐ Alcohol abuse
- ☐ Lack of caring or concern about personal health
- ☐ Lack of motivation
- ☐ Inability to maintain positive progress
- ☐ Domestic violence
- ☐ Child abuse/neglect
- ☐ Limited health education in schools
- ☐ Lack of access to birth control
- ☐ Lack of engagement by representative in local government
- ☐ High levels of stress affecting all areas of life
- ☐ Not as many community activities as in the past
- ☐ Lack of reliable sources of information

Other: ☐ \_\_\_\_\_

3. What are (3) behaviors that have the greatest impact on overall community health in Scott County?

*Check all that apply.*

- ☐ Alcohol abuse
- ☐ Drug abuse
- ☐ Prescription drug abuse
- ☐ Tobacco use
- ☐ E-cig and vaping
- ☐ Lack of exercise
- ☐ Elder abuse
- ☐ Child abuse or neglect
- ☐ Discrimination ( racism, sexism)
- ☐ Overeating
- ☐ Poor eating habits and unhealthy food choices
- ☐ Not getting vaccines
- ☐ Failing to follow state and local health department guidance
- ☐ Reckless driving
- ☐ Texting and/or cell phone use while driving
- ☐ Not using seat belts and/or child safety seats
- ☐ Not using or lack of access to birth control
- ☐ Risky sexual behaviors

Other: ☐ \_\_\_\_\_

4. When you get sick, where do you typically go to be seen? (Mark all that apply)

*Check all that apply.*

- ☐ Clinic/doctor's office
- ☐ Urgent Care ( prompt care)
- ☐ Emergency Department
- ☐ Health Department
- ☐ I don't seek medical attention

Other: ☐ \_\_\_\_\_

5. How long has it been since your last doctor's visit for a wellness checkup?

*Mark only one oval.*

- ☐ Within the last year
- ☐ 1-2 years ago
- ☐ 3-5 years ago
- ☐ 5 or more years ago
- ☐ I don't go unless I am sick

6. In the last year, has there been a time you needed medical care, but were unable to get it?

*Mark only one oval.*

- ☐ Yes  
☐ No

7. If yes to the previous question, why were you unable to get care? (Mark all that apply)

*Check all that apply.*

- ☐ I did not have health insurance  
☐ I could not afford my co-pay or deductible  
☐ I did not have transportation  
☐ The provider would not accept my insurance  
☐ The provider had no available appointments

Other: ☐ \_\_\_\_\_

8. How long has it been since your last visit with a dentist, for a routine visit?

*Mark only one oval.*

- ☐ Within the last year  
☐ 1-2 years ago  
☐ 3-5 years ago  
☐ 5 or more years ago  
☐ I don't go unless for an emergency  
☐ Other: \_\_\_\_\_

9. In the last year, has there been a time when you needed dental care, but were unable to get it?

*Mark only one oval.*

- ☐ Yes  
☐ No

10. If you answered yes to the previous question, why were you unable to get care? (Mark all that apply)

*Check all that apply.*

- ☐ I did not have insurance  
☐ I did not have transportation  
☐ The provider would not accept my insurance  
☐ The provider had no available appointments

Other: ☐ \_\_\_\_\_

11. In the last year, has there been a time you needed a prescription medication, but were unable to get it?

Mark only one oval.

- ☐ Yes  
☐ No

12. If you answered yes to the previous question, why were you unable to get the prescription medication?

Check all that apply.

- ☐ I did not have health insurance  
☐ I could not afford my co-pay or deductible  
☐ I did not have transportation  
☐ The pharmacy would not accept my insurance  
☐ I pay cash and was unable to afford

Other: ☐ \_\_\_\_\_

13. In the last year, has there been a time you needed mental health services, but were unable to get them?

Mark only one oval.

- ☐ Yes  
☐ No

14. If you answered yes to the previous question, why were you unable to get care? (Mark all that apply)

Check all that apply.

- ☐ I did not have health insurance  
☐ I could not afford my co-pay or deductible  
☐ I did not have transportation  
☐ The provider would not accept my insurance  
☐ The provider had no available appointments  
☐ I did not know how to find a provider  
☐ Fear or embarrassment  
☐ Concerned about confidentiality

Other: ☐ \_\_\_\_\_

15. Please indicate your level of agreement with the following statement: Scott County is a healthy place to live.

Mark only one oval.

- ☐ Strongly disagree  
☐ Disagree  
☐ Neutral  
☐ Agree  
☐ Strongly agree



16. Please indicate your level of agreement with the following statement: Scott County has adequate exercise and wellness activities.

*Mark only one oval.*

- ☐ Strongly disagree  
☐ Disagree  
☐ Neutral  
☐ Agree  
☐ Strongly agree

17. Please indicate your level of agreement with the following statement: I have access to the doctors and medical specialist I need.

*Mark only one oval.*

- ☐ Strongly disagree  
☐ Disagree  
☐ Neutral  
☐ Agree  
☐ Strongly agree

18. Please indicate your level of agreement with the following statement: I am satisfied with the medical care that I receive in Scott County.

*Mark only one oval.*

- ☐ Strongly disagree  
☐ Disagree  
☐ Neutral  
☐ Agree  
☐ Strongly Agree

19. Please indicate your level of agreement with the following statement: I have access to the social services I need.

*Mark only one oval.*

- ☐ Strongly disagree  
☐ Disagree  
☐ Neutral  
☐ Agree  
☐ Strongly Agree

20. Have you ever utilized telemedicine, ( Zoom, FaceTime, etc.), to be seen by a provider?

*Mark only one oval.*

☐ Yes

☐ No

21. If you have NOT used telemedicine, what has been the barrier?

*Mark only one oval.*

☐ Lack of awareness of available telemedicine services

☐ Lack of reliable internet access

☐ Lack of capable device (computer, laptop, smartphone, tablet, etc.)

☐ Lack of trust in the process

☐ Prefer in-person visit for personal connection

☐ Believe it results in lower quality care

☐ Lack of insurance coverage for telemedicine

☐ Inability to pay for telemedicine services

☐ Other: \_\_\_\_\_

22. If you would or might utilize telemedicine, for which services would you be likely to utilize? (Mark all that apply)

*Check all that apply.*

☐ Primary Care/ non-urgent visit

☐ Prescription refill visit

☐ Receiving lab and test results

☐ Mental health services

☐ Social worker visit

Other: ☐ \_\_\_\_\_

23. Please select your gender

*Mark only one oval.*

☐ Male

☐ Female

☐ Non-binary

☐ Prefer to not answer

24. Please select your age group

*Mark only one oval.*

- ☐ Under 18
- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65+

25. Please select your martial status

*Mark only one oval.*

- ☐ Never married
- ☐ Married
- ☐ Divorced
- ☐ Seperated
- ☐ Widowed
- ☐ Prefer not to answer

26. What best represents your race?

*Mark only one oval.*

- ☐ White
- ☐ Black or African American
- ☐ American Indian or Alaskan Native
- ☐ Asian
- ☐ Native Hawaiian or Pacific Islander
- ☐ Two or more races
- ☐ Other: \_\_\_\_\_

27. Please indicate your household income before taxes from the last year

Mark only one oval.

- ☐ Less than \$20,000
- ☐ \$20,000 - \$29,999
- ☐ \$30,000 - \$39,999
- ☐ \$40,000 - \$49,999
- ☐ \$50,000 - \$59,999
- ☐ \$60,000 - \$69,999
- ☐ \$70,000 - \$79,000
- ☐ \$80,000 - \$89,999
- ☐ \$90,000 - \$99,999
- ☐ \$100,00 - \$125,000
- ☐ Greater than \$150,000
- ☐ Prefer not to answer

28. What is your highest level of education?

Mark only one oval.

- ☐ Less than high school graduate
- ☐ High school diploma/GED
- ☐ Some college (no degree)
- ☐ Associate's degree
- ☐ Trade school
- ☐ Bachelor's degree
- ☐ Master's degree
- ☐ Prefer not to answer
- ☐ Other: .....

29. Select your insurance status

Mark only one oval.

- ☐ I have private health insurance
- ☐ I have Medicare
- ☐ I have Medicaid
- ☐ Veterans Administration
- ☐ I have no health insurance
- ☐ Prefer not to answer
- ☐ Other: .....

30. If you work outside the home, how long is your commute?

*Mark only one oval.*

☐ Less than 30 minutes

☐ 30 to 60 minutes

☐ 60 to 90 minutes

☐ Greater than 90 minutes

☐ Other: \_\_\_\_\_

31. Do you rent or own where you currently live?

*Mark only one oval.*

☐ Rent

☐ Own

☐ Other: \_\_\_\_\_

32. What best represents your job status?

*Mark only one oval.*

☐ Employed, full-time

☐ Employed, part-time

☐ Self-employed

☐ Unemployed

☐ Temporary Work

☐ Homemaker

☐ Retired

☐ Disabled

☐ Student

☐ Serving in the Armed Forces

☐ Other: \_\_\_\_\_

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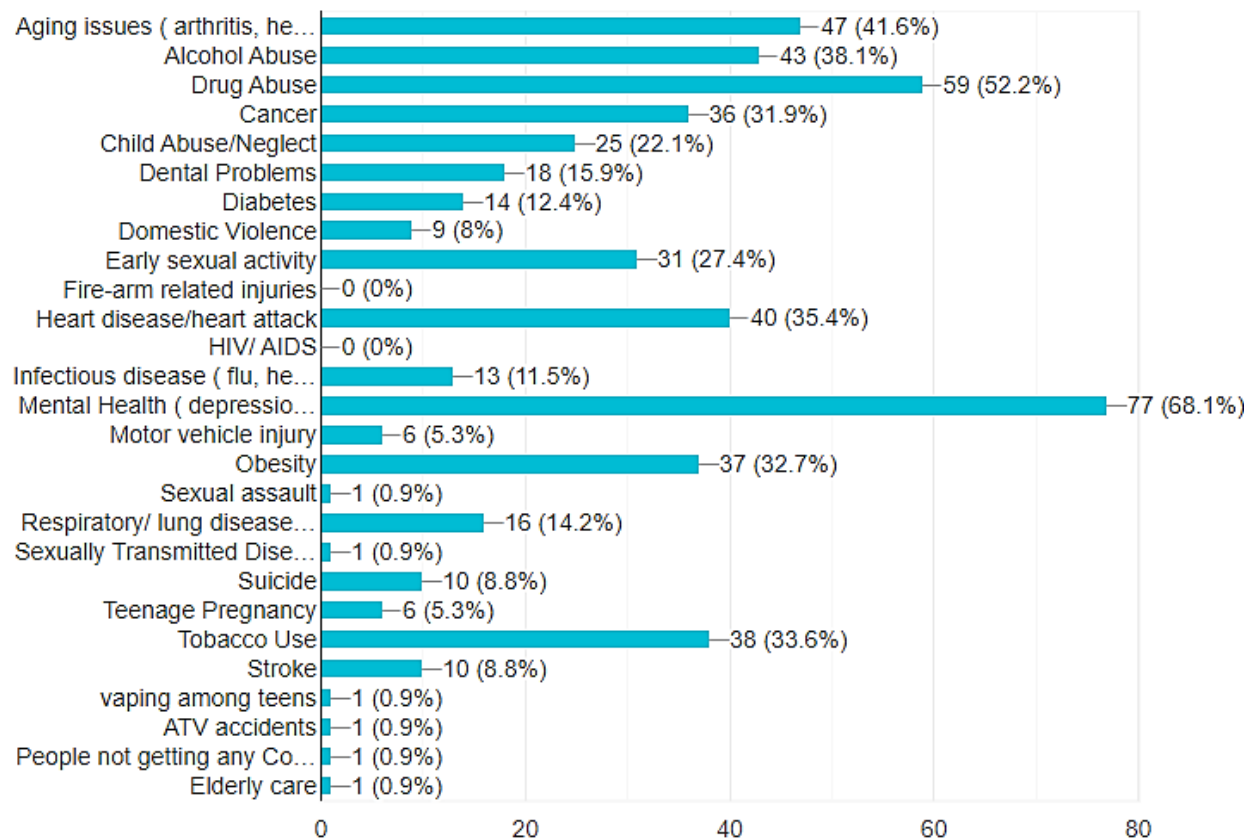
Google Forms

# Appendix B – Community Survey Analysis

From the following list, please identify the (5) most important "health problems" in Scott County. (please select up to 5)



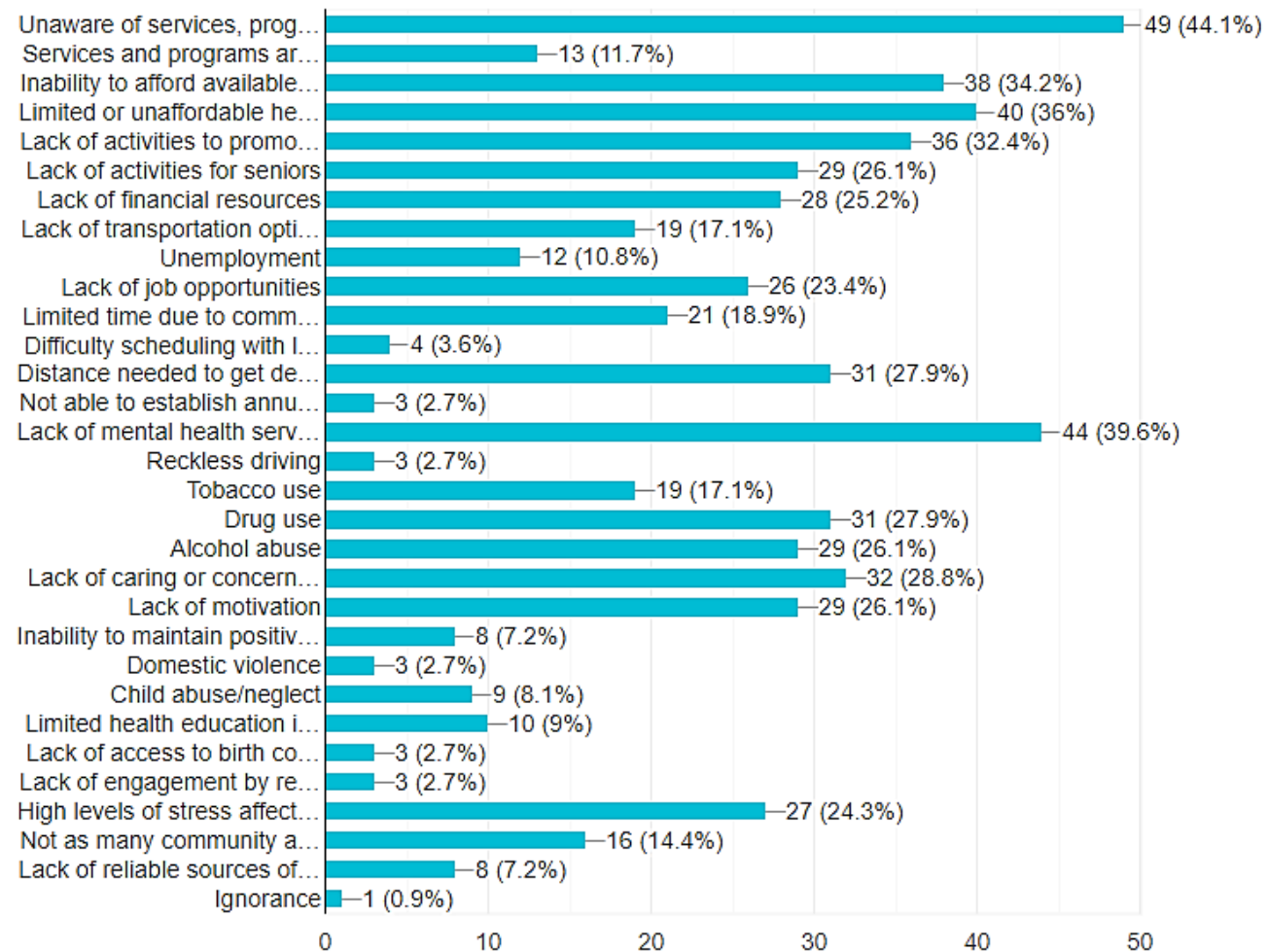
113 responses



## What do you believe are the barriers to being healthy in Scott County?



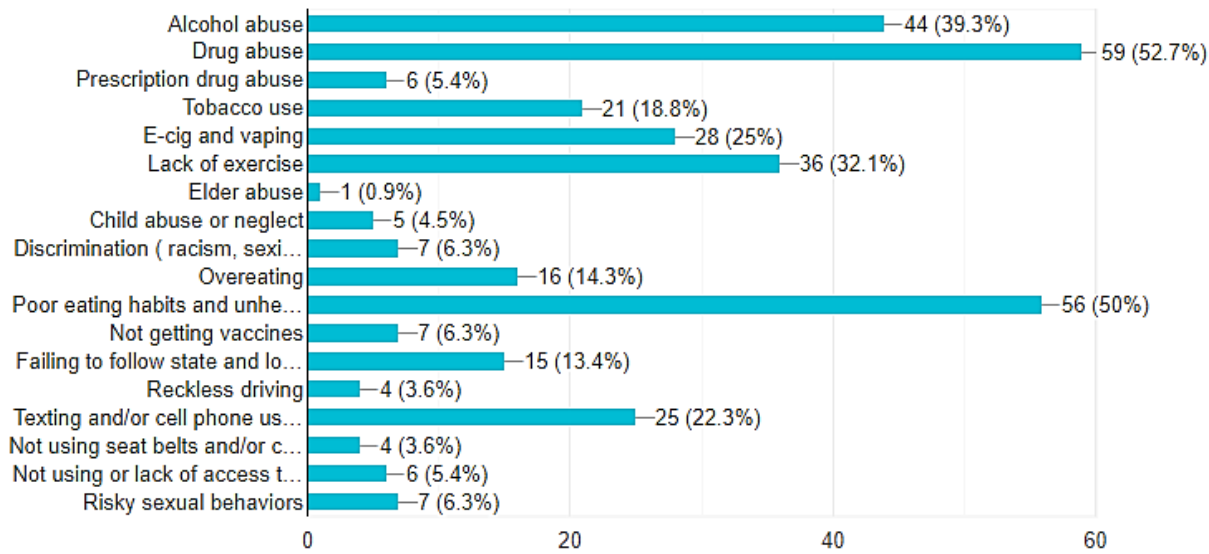
111 responses



What are (3) behaviors that have the greatest impact on overall community health in Scott County?



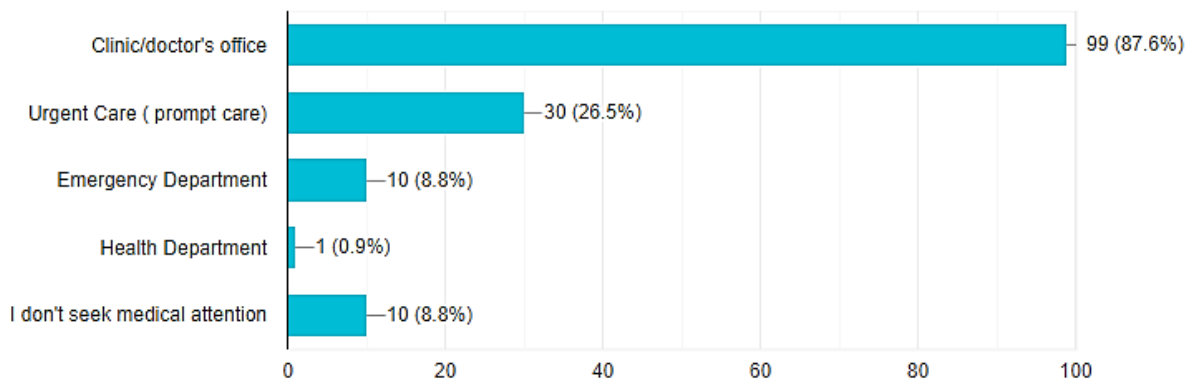
112 responses



When you get sick, where do you typically go to be seen? (Mark all that apply)



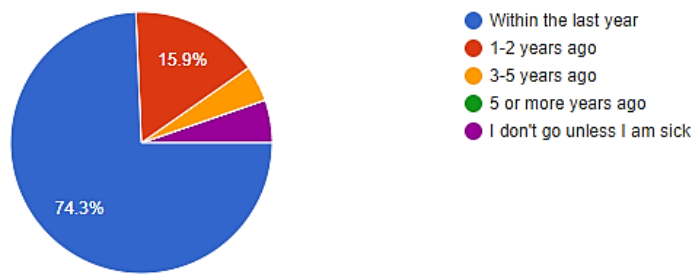
113 responses





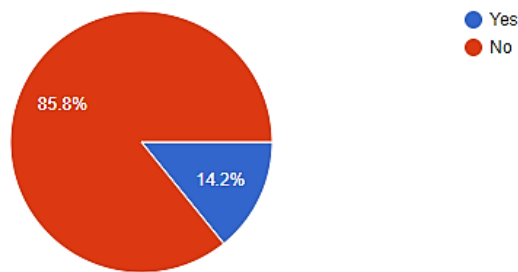
How long has it been since your last doctor's visit for a wellness checkup?

113 responses



In the last year, has there been a time you needed medical care, but were unable to get it?

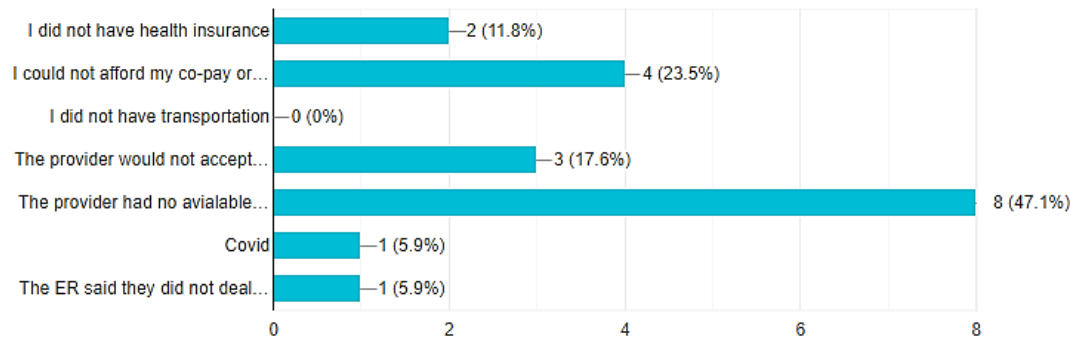
113 responses



If yes to the previous question, why were you unable to get care? (Mark all that apply)

Copy

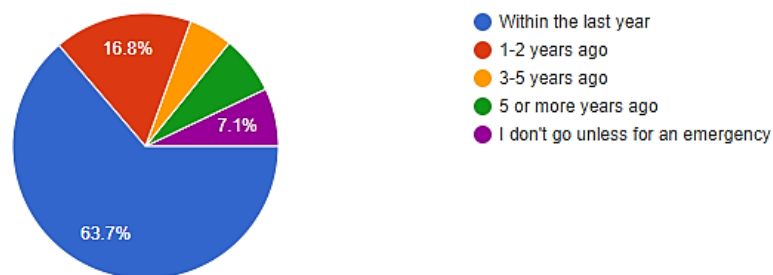
17 responses



How long has it been since your last visit with a dentist, for a routine visit?

Copy

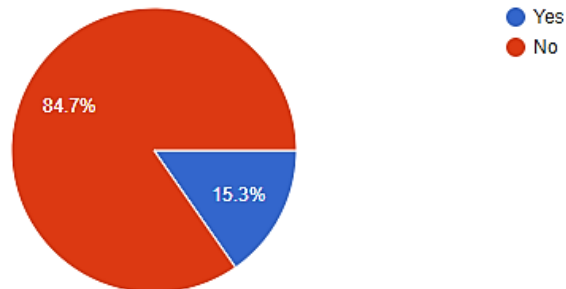
113 responses



In the last year, has there been a time when you needed dental care, but were unable to get it?

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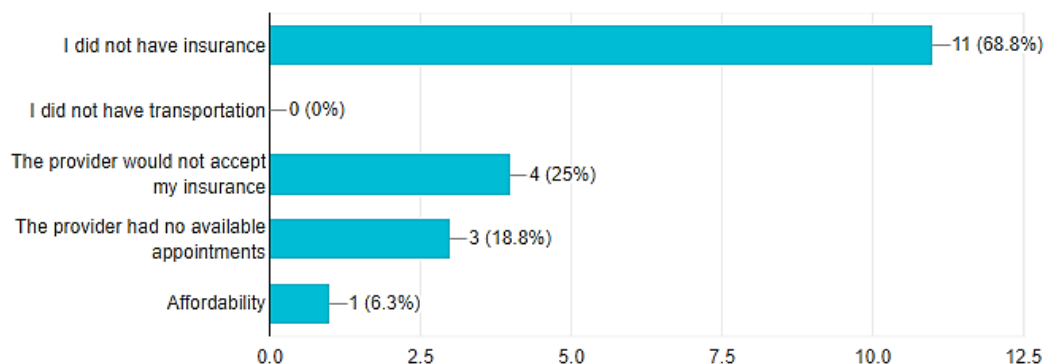
111 responses



If you answered yes to the previous question, why were you unable to get care? (Mark all that apply)

 [Copy](#)

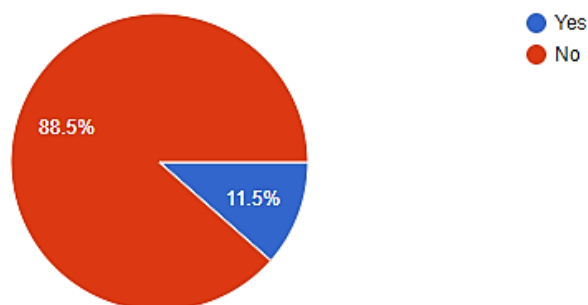
16 responses



In the last year, has there been a time you needed a prescription medication, but were unable to get it?

 [Copy](#)

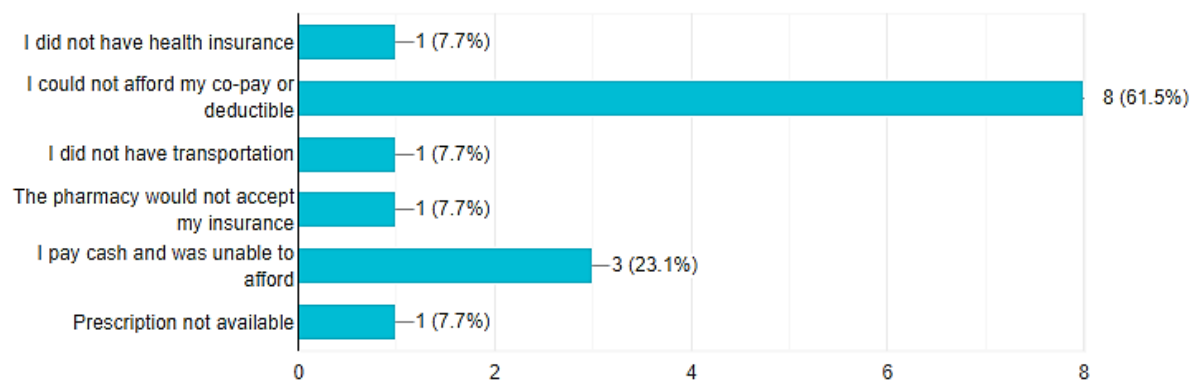
113 responses



If you answered yes to the previous question, why were you unable to get the prescription medication?

 [Copy](#)

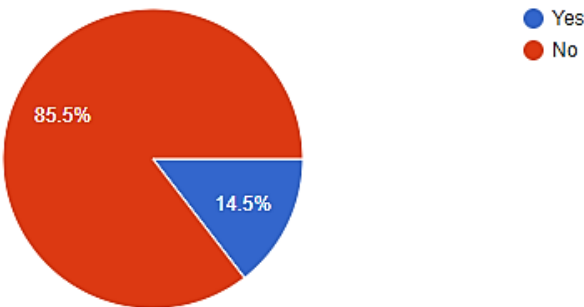
13 responses



In the last year, has there been a time you needed mental health services, but were unable to get them?

 [Copy](#)

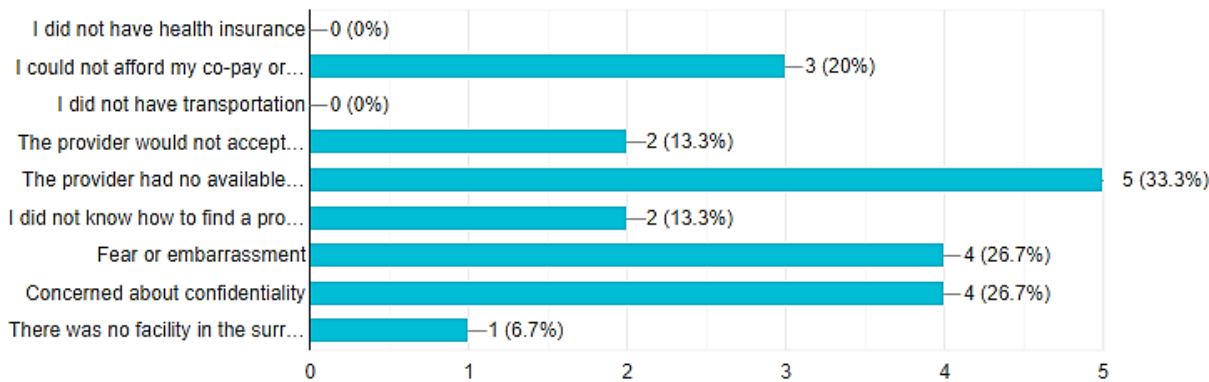
110 responses



If you answered yes to the previous question, why were you unable to get care? (Mark all that apply)

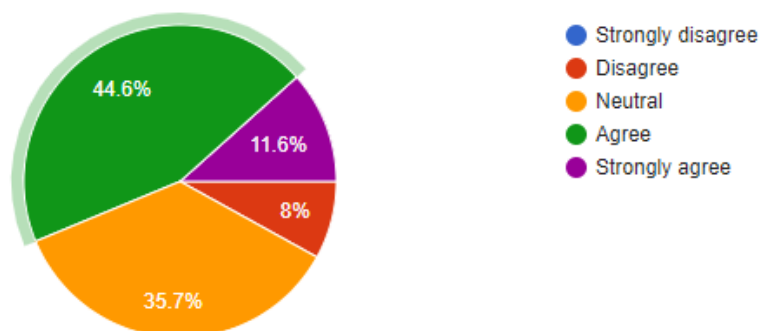
 [Copy](#)

15 responses



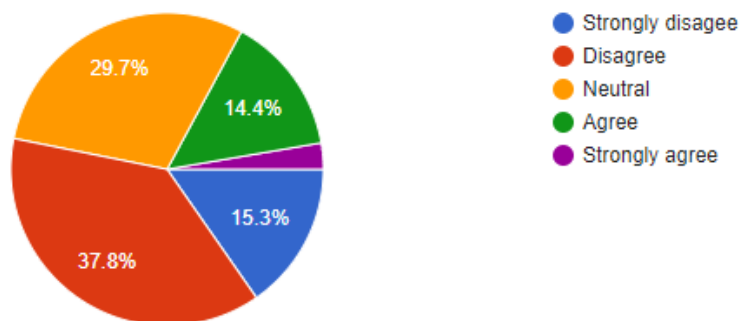
Please indicate your level of agreement with the following statement: Scott County is a healthy place to live.

112 responses



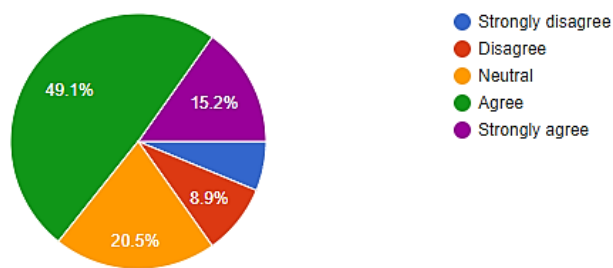
Please indicate your level of agreement with the following statement: Scott County has adequate exercise and wellness activities.

111 responses



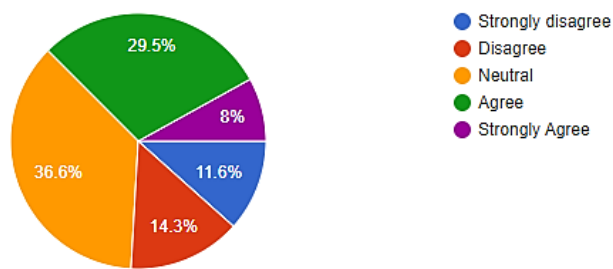
Please indicate your level of agreement with the following statement: I have access to the doctors and medical specialist I need.

112 responses



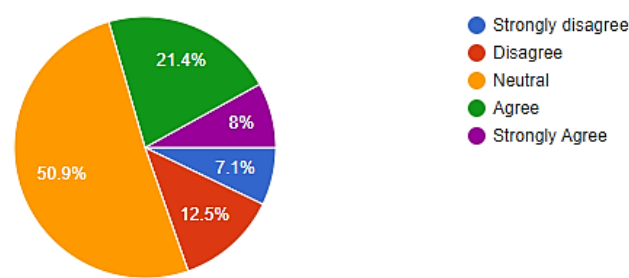
Please indicate your level of agreement with the following statement: I am satisfied with the medical care that I receive in Scott County.

112 responses



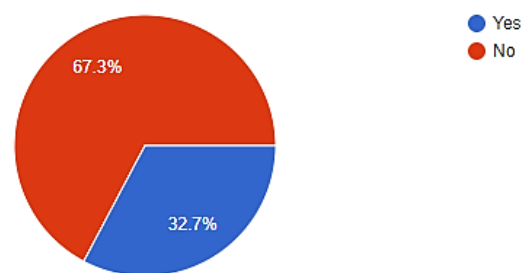
Please indicate your level of agreement with the following statement: I have access to the social services I need.

112 responses



Have you ever utilized telemedicine, ( Zoom, FaceTime, etc.), to be seen by a provider?

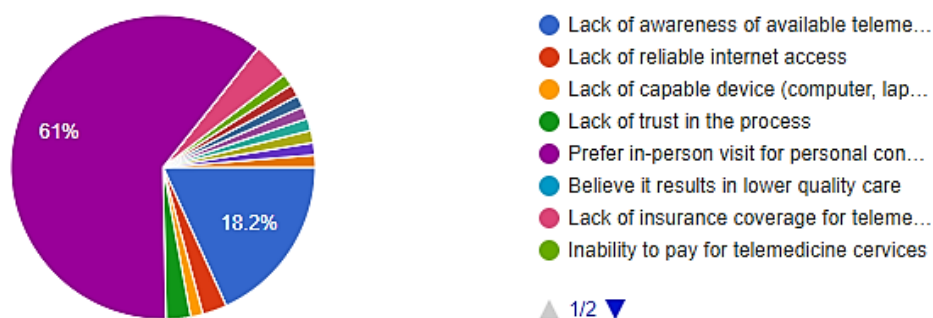
113 responses



If you have NOT used telemedicine, what has been the barrier?



77 responses

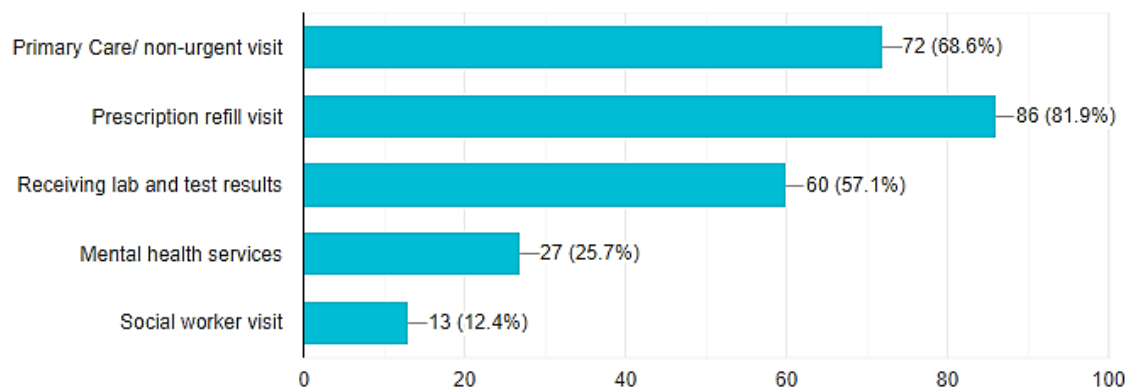


▲ 1/2 ▼

If you would or might utilize telemedicine, for which services would you be likely to utilize? (Mark all that apply)

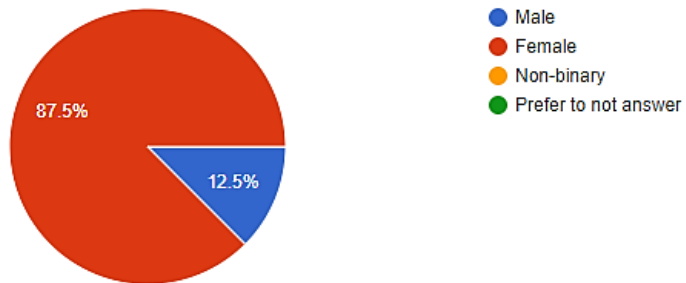


105 responses



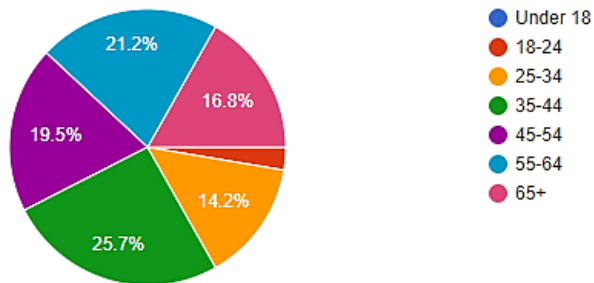
Please select your gender

112 responses



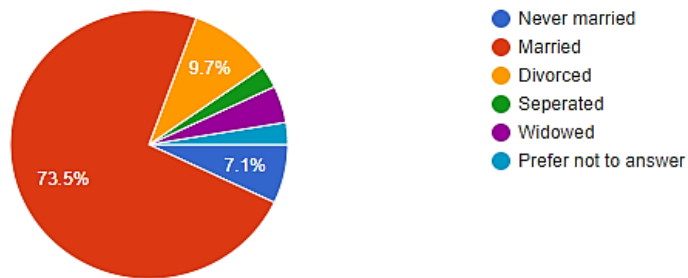
Please select your age group

113 responses



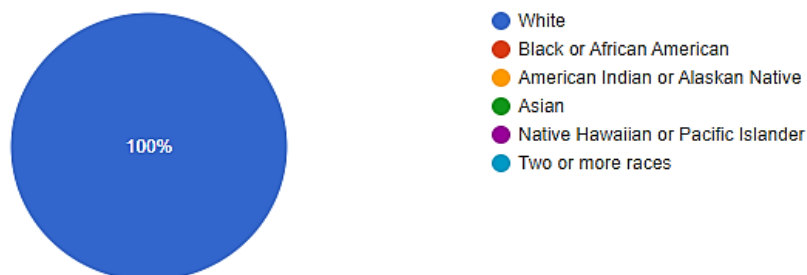
Please select your martial status

113 responses



What best represents your race?

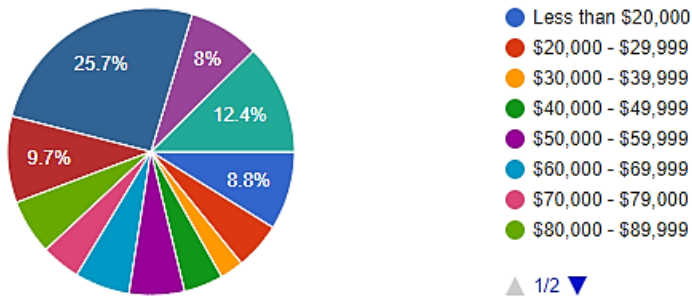
113 responses





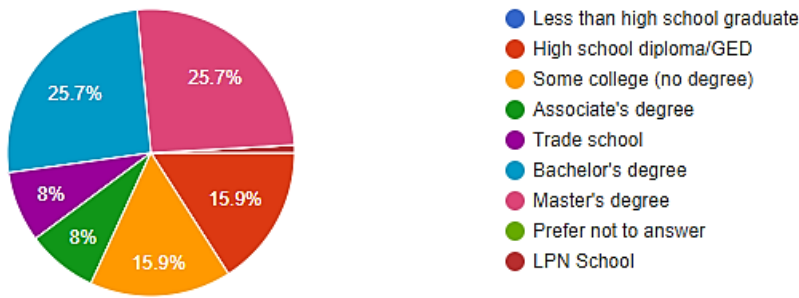
Please indicate your household income before taxes from the last year

113 responses



What is your highest level of education?

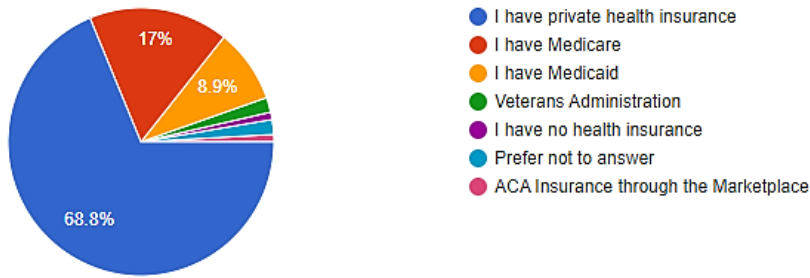
113 responses



Select your insurance status

112 responses

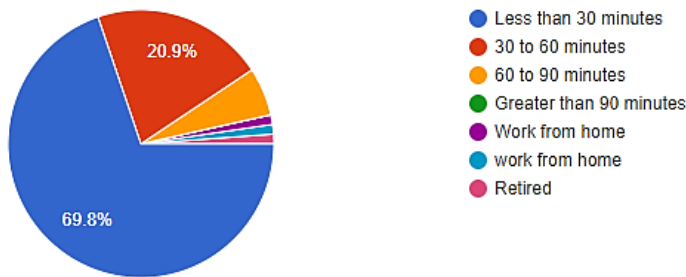
Copy



If you work outside the home, how long is your commute?

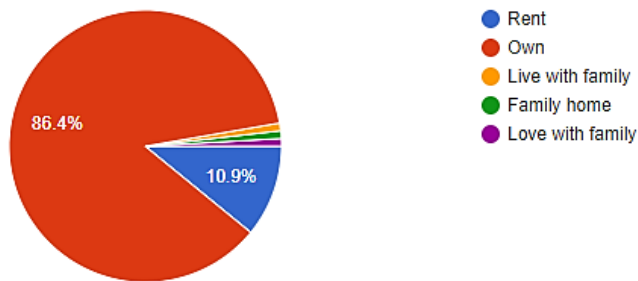
86 responses

Copy



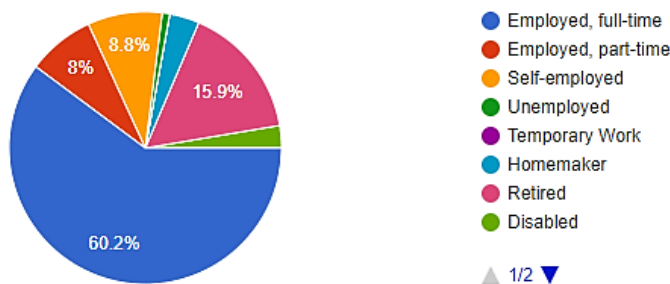
Do you rent or own where you currently live?

110 responses



What best represents your job status?

113 responses



# Appendix C – Community Resource Guide

## **SCOTT COUNTY COMMUNITY RESOURCE GUIDE**

### **Aging/Senior Services**

#### **Prairie Council on Aging**

800 W State St  
Jacksonville, IL 62650  
217.479.4619  
PCAgining.com  
Service Area: Morgan and Scott Counties

#### **Senior Services of Central Illinois**

701 W Mason St  
Springfield, IL 62702  
217.528.4035  
Centralilseniors.org

#### **Elder Abuse – Department of Aging**

1 Natural Resource Way Suite 100  
Springfield, IL 62702  
866.800.1409  
www2.illinois.gov/aging

#### **Illinois Senior Helpline**

800.252.8966  
Information about Senior Services in Illinois

#### **Social Security Administration**

3112 Constitution Dr  
Springfield, IL 62704  
877.279.9504  
www.ssa.gov

#### **Area Agency on Aging for Lincolnland**

2731 S. MacArthur Blvd  
Springfield, IL 62704  
217.787.9234  
www.agelinc.org

#### **Nutrition Sites:**

##### **Meals on Wheels – Winchester**

U of I Extension Office  
401 N Walnut St  
Winchester, IL 62694  
217.479.4619  
\*5 days a week at noon\*  
\$4.00 per meal, if able to pay

##### **Bread of Love – Bluffs**

Senior Citizen Building  
31 W Wilson St  
Bluffs, IL 62621  
217.754.3499  
\*Monday and Thursday at 11:00am\*

##### **Naples Food Pantry**

311 N Bluffs St  
Bluffs, IL 62621  
217.371.6842  
\* 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month\*  
\* 8:00am – 12:00pm\*

##### **Winchester Kiwanis Club Food Pantry**

Winchester E.M.S. Building  
734 State Route 106 South  
Winchester, IL 62694  
\*2<sup>nd</sup> Saturday of the month, 8-10am\*

##### **Illinois Valley Economic Development Corporation**

223 S Macoupin St  
Gillespie, IL  
217.839.4431  
ilvalley-edc.org/senior-services/

## **Alcohol and Drug Abuse**

### **Community Hope & Recovery Center**

121 E. Second St, #1  
Beardstown, IL 62618  
217.323.2980  
[yourchrc.org/CassCounty](http://yourchrc.org/CassCounty)

60 East Central Park Plaza  
Jacksonville, IL 62650  
217.800.6622  
[Yourchrc.org/MorganCounty](http://Yourchrc.org/MorganCounty)

### **Gateway Foundation**

1300 Lincoln Ave  
Jacksonville, IL 62650  
217.280.8682  
[www.gatewayfoundation.org](http://www.gatewayfoundation.org)

2200 Lake Victoria Dr  
Springfield, IL 62703  
855.944.3797  
[www.gatewayfoundation.org](http://www.gatewayfoundation.org)

### **Cass County Health Clinic**

331 South Main St  
Virginia, IL 62691  
217.452.3057

## **Clothing, Household, Food Items**

### **American Red Cross**

117 S Memorial St  
Pittsfield, IL 62363  
217.285.2813

769 South Durkin Drive  
Springfield, IL 62704  
217.787.7602  
[www.redcross.org/local/illinois](http://www.redcross.org/local/illinois)

### **The Outreach Community Center**

31 S Main St  
Winchester, IL 62694  
217.883.0359

Open the last Saturday of the month from 10:00am-11:00am for monthly Bags of Blessings food giveaway. Individuals may call with emergency needs. Updates on food availability and pop-up food giveaways can be found online at: [www.facebook.com/outreachcommcenter/](http://www.facebook.com/outreachcommcenter/) or [www.outreachcommunitycenter.org/](http://www.outreachcommunitycenter.org/)

### **Matthew 25 Thrift Shop**

767 S West St  
Jacksonville, IL 62650  
217.243.1355  
\*Tuesday – Friday 9am-5:30pm\*  
\*Saturday 10am- 3pm\*

### **Salvation Army**

331 West Douglas St  
Jacksonville, IL 62650  
217.245.7124  
[centralusa.salvationarmy.org/midland/jacksonville](http://centralusa.salvationarmy.org/midland/jacksonville)

### **Naples Food Pantry**

311 N Bluffs St.  
Bluffs, IL 62621  
217.371-6842  
Open the 2nd and 4th Wednesday of the month from 8:00am-12:00pm.

### **Midwest Youth Services**

2001 West Lafayette Ave  
Jacksonville, IL 62694  
217.245.6000

\*Ages 12- 24, emergency shelter, walk in hours  
M-F 9:00am – 11:00am for water, food,  
clothing, hygiene products\*

## Counseling/Mental Health

### **Park Place Center**

201 E Morgan St  
Jacksonville, IL 62650  
217.245.1655

### **Memorial Behavioral Health Clinic**

340 W State St  
Jacksonville, IL 62650  
217.245.6126  
[memorial.health/medical-services/behavioral-health](http://memorial.health/medical-services/behavioral-health)

### **Midwest Youth Services**

2001 West Lafayette  
Jacksonville, IL 62650  
217.245.6000  
1800.KID.HELP

### **National Suicide Prevention Lifeline**

1800.273.8255

### **Memorial Health Emotional Support Hotline**

217.588.5509

### **Crisis Center Foundation**

Services for domestic & sexual violence,  
Children, abuse interventions, shelter, & economic  
crisis  
325 9<sup>th</sup> Ave  
Jacksonville, IL 62650  
217.243.4357  
[Crisiscenter.org](http://Crisiscenter.org)

### **Cass County Health Clinic**

331 South Main St  
Virginia, IL 62691  
217.452.3057

### **Prairie Center Against Sexual Assault**

2001 West Lafayette  
Jacksonville, IL 62650  
217.243.7330

### **Pregnancy Resource Center**

1440 W Walnut St Suite A4  
Jacksonville, IL 62650  
217.245.9340  
\*Tuesday and Thursday 11:00am-5:00pm\*  
[www.pregnancyresourcecenter.org/locations/jacksonville/](http://www.pregnancyresourcecenter.org/locations/jacksonville/)

### **Department of Child & Family Services**

800.252.2873  
24-hour hotline to report child abuse and  
family emergencies

### **Catholic Charities Diocese of Springfield**

1625 W Washington St  
Springfield, IL 62702  
217.523.9201  
[cc.dio.org](http://cc.dio.org)

### **The Illinois Warrior Assistance Program 1866.554.4927**

\* For veterans who are dealing with Post  
Traumatic Stress Disorder (PTSD) or  
Traumatic Brain Injury symptoms\*

### **SIU Psychiatry**

1600 W. Walnut St.  
Jacksonville, IL 62650  
217.245.7275

## Local Support Groups

### **Alzheimer's Caregiver Support Group**

3<sup>rd</sup> Saturday of every month at 9:00am  
Winchester United Methodist Church  
20 North Walnut, Winchester IL  
217.742.3610 or 217.473.6427

### **Cancer Support Group**

Last Thursday of the month at 6:30pm  
Winchester United Methodist Church  
20 North Walnut, Winchester IL  
217.742.3610

## Department of Human Services

### **DHS Family Community Resource Center in Morgan County**

Family Community Resource Center  
45 S Central Park Plaza  
Jacksonville, IL 62650  
217.245.5164

### **Community Connection Point**

Child Care Resource & Referral  
901 S Spring St, Suite B  
Springfield, IL 62704

### **Family Case Management**

Family Case Management (Pregnant Women & Infants 0-1yr) High Risk Infant Follow-Up (Infants 0-2yrs)  
Scott County Health Department  
335 West Cherry St  
Winchester, IL  
217.742.8203

### **Women, Infants, and Children**

Scott County Health Department  
335 West Cherry St  
Winchester, IL  
217.742.8203

### **Cash, SNAP, and Medical Assistance**

<https://www.dhs.state.il.us/page.aspx?item=33698>  
For assistance with filling out an application call: 1800.843.6154

## **Disability Services**

### **Jacksonville Area Center for Independent Living**

15 Permac Rd  
Jacksonville, IL 62650  
217.245.8371

### **Pathway Services Unlimited**

1201 S Main St  
Jacksonville, IL 62650  
217.479.2300  
[pathwayservices.org/](http://pathwayservices.org/)

### **DORS, Illinois Department of Rehabilitation Services**

1429 South Main St  
South Jacksonville, IL 62650  
217.245.9585  
[www.DHS.state.il.us](http://www.DHS.state.il.us)

### **Veteran Affairs Facility**

**VA Benefits hotline**  
**800.827.100**

#### **Peoria**

VR&E Office  
IDES Building  
406 Elm St.  
Peoria, IL 61605

#### **Danville**

VR&E Office  
Danville VAMC  
1900 E. Main St., Building 103, Ward 6, Room 133d  
Danville, IL 61834  
217.554.3000



## Education Information

### **Bluffs Schools, Elementary, Jr. High, and High School**

100 Rockwood Street  
Bluffs, IL 62621  
217.754.3815  
[www.bluffs-school.com](http://www.bluffs-school.com)

### **Bluffs Pre-K Program**

100 Rockwood Street  
Bluffs, IL 62621  
217.754.3714

### **Winchester Elementary and Junior High**

283 South Elm St  
Winchester, IL 62694  
217.742.9551  
[www.winchesterschools.net/](http://www.winchesterschools.net/)

### **Winchester High School**

200 West Cross Street  
Winchester, IL 62694  
217.742.3151

### **Winchester CUSD#1 Preschool**

283 South Elm St  
Winchester, IL 62694  
217.742.9551

### **Winchester Christian Preschool**

226 Cornerstone Drive  
PO Box 154  
Winchester, Illinois 62694  
217.742.8000

### **Head Start**

3001 W Lafayette Ave  
Jacksonville, IL 62650  
217.245.9357

### **Lincoln Land Community College**

CNA & GED Program  
5250 Shepard Road  
Springfield, IL  
217.786.2200

### **Regional Office of Education**

110 N West Street  
Jacksonville, IL 62650  
217.243.1804  
[www.roe1.net](http://www.roe1.net)

JWCC SE Education Center  
39637 260th Avenue  
Pittsfield, IL 62323  
217.285.5319

### **West Central Development Council**

116 South Plum St  
Carlinville, IL  
217.854.9642  
[West-Central.org](http://West-Central.org)  
\*Monetary assistance with  
education/training tuition, fees, and books

### **Parent and Children Together, PACT**

217.285.2234

## Employment Assistance

### **Illinois Dept. of Employment Security**

850 South Main St  
Jacksonville, IL 62650  
217.245.5148  
[ides.illinois.gov](http://ides.illinois.gov)

### **The Job Center – Jacksonville**

814 West Street  
Jacksonville, IL 62650  
217.243.5846  
<https://www.west-central.org/>

### **Pike County Workforce Center**

120 S Madison St  
Pittsfield, IL 62363  
217.285.2216

### **Illinois workNet Center – Springfield**

1300 South Ninth St  
Springfield, IL 62703  
217.524.5996  
<https://worknet20.org/job-seekers/>

### **Express Employment Services**

1122 Wall St  
Jacksonville, IL 62650  
217.245.5700

### **Two Rivers Regional Council of Public Officials**

120 S. Madison St  
Pittsfield IL, 62363  
217.285.5424

### **Websites:**

**Illinois Worknet:** [www.illinoisworknet.com](http://www.illinoisworknet.com)

**Illinois Joblink:** [www.illinoisjoblink.illinois.gov](http://www.illinoisjoblink.illinois.gov)

**Illinois Workforce Development:** [www.ilworkforce.org](http://www.ilworkforce.org)

**Job Corps:** [www.jobcorps.gov](http://www.jobcorps.gov)

**Monster Job Search/Resume Posting:** [www.monster.com](http://www.monster.com)

**Indeed:** [www.indeed.com](http://www.indeed.com)

**Hite Diversity – Specific job sites:** [www.hirediversity.com](http://www.hirediversity.com)

## Health Care Services

### County Health Departments

#### **Greene County Health Department**

310 5<sup>th</sup> St  
Carrollton, IL 62016  
217.942.6961

#### **Morgan County Health Department**

345 West State St  
Jacksonville, IL 62650  
217.245.5111

#### **Pike County Health Department**

606 W Adams St  
Pittsfield, IL 62363  
217.285.4407

#### **Scott County Health Department**

335 West Cherry St  
Winchester, IL  
217.742.8203

### Hospitals

#### **Illini Community Hospital**

640 West Washington St  
Pittsfield, IL 62363  
217.285.2113

#### **Jacksonville Memorial Hospital**

1600 West Walnut  
Jacksonville, IL 62650  
217.245.9541

#### **Springfield Memorial Hospital**

701 N First St  
Springfield, IL 62781  
217.788.3000

#### **Saint John's Hospital**

800 E Carpenter St  
Springfield, IL 62769  
217.544.6464

## Clinics

### **Illini Community Hospital Rural Health Clinic**

640 West Washington St  
Pittsfield IL 62363  
217.285.9447

### **Boyd Healthcare Services Rural Clinic**

132 W Lorton St  
Roodhouse, IL 62082  
217.589.4629

### **Winchester Family Practice**

231 West Cherry St  
Winchester, IL 62694  
217.742.3117  
[quincymedgroup.com/locations/winchester-il](http://quincymedgroup.com/locations/winchester-il)

### **Elite Health and Wellness**

1 Nichole Drive  
Winchester, IL 62694  
217.282.8033  
[www.elite-healthandwellness.com](http://www.elite-healthandwellness.com)

### **Sexually Transmitted Infection (STI) Clinic**

Morgan County Health Department  
345 W State St  
Jacksonville, IL 62650  
217.245.5111

### **Central Counties Health Center**

1400 West Walnut  
Jacksonville, IL 62650  
217.243.3543

### **Morgan County TB Clinic**

1400 W Walnut St Suite 12  
Jacksonville, IL 62650  
217.245.5710

### **Free Breast and Cervical Cancer Screening**

Hancock County Health Department  
217.357.2171

## Dental Care

### **Central Counties Health Center**

2239 East Cook St  
Springfield, IL 62703  
217.788.2300  
[www.centralcounties.org/locations](http://www.centralcounties.org/locations)

### **Pike County Health Department**

606 W. Adams Street  
Pittsfield, IL 62363  
217.285.4407, option 9

### **Cass County Dental Clinic**

331 South Main  
Virginia, IL 62691  
217.452.3057

### **Familial Dental**

802 N 9<sup>th</sup> Street  
Springfield, IL 62702  
217.801.9077

### **SIU School of Dental Medicine at the Alton Campus Location**

618.474.7000  
\*Mon-Fri, 8am to 5pm\*  
[www.siu.edu/dental/patient-clinics/becoming-a-patient/index](http://www.siu.edu/dental/patient-clinics/becoming-a-patient/index)

## **Legal Services**

### **Land of Lincoln – Springfield**

3085 Stevenson Drive, Suite 202  
Springfield, IL 62703  
217.529.8400  
[lincolnlegal.org](http://lincolnlegal.org)

### **Land of Lincoln Legal Aid**

**\*For free legal assistance in southern and central Illinois\***  
**1-877-342-7891**

## Medical/Healthcare Benefits Programs

### Illinois Department of Insurance

GetCovered.illinois.gov

866.445.5364

### Illinois Department of Healthcare & Family Service – All Kids

The All-Kids program offers many Illinois children comprehensive healthcare that includes doctors' visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers.

AllKids.com

866.255.5437

### Illinois Comprehensive Health Insurance

Insurance program that provides low-cost health coverage to children in families that earn too much money to qualify for Medicaid but not enough to buy private insurance.

CHIP.state.il.us

866.851.2751

### Department of Human Services

DHS.state.il.us

800.843.6154

### Specialized Care for Children - University of Illinois

217.524.2000

618.624.0508

DSCC.UIC.edu

Assistance with Medical Bills, Equipment, and Co-pays for Children

## Transportation

### West Central Mass Transit

1120 West Walnut St

Jacksonville, IL 62650

217.245.2900

Mon-Thurs 6:00 AM - 10:00 PM / Friday 6:00 AM - 8:00 PM

#### Morgan & Scott County Service

One Way Fare...\$3.50

Round Trip Fare...\$7.00

Children Under 5 (w/adult) ... FREE

Side Stops... \$1.00

No Show Fee... \$3.50

#### Same Day Services

One Way Fare... \$4.00

Round Trip Fare... \$8.00

30 Day Adult Pass... \$65.00

30 Day Student Pass... \$50.00

## Utility Assistance

### Ameren Energy Assistance

Warm Neighbors Cool Friends Program

888.6905700

AmerenIllinoisSavings.com

Scott County Contact: Salvation Army in Jacksonville: 217.245.7124

### Illinois Rural Electric

2 South Main St

Winchester, IL 62694

217.742.9581

e-co-op.com

### MCS Community Services

Participant of the Li-Heap Energy Assistance and Weatherization Program

Helps keep families safe and healthy through initiatives that assist families with energy costs. Provides federally funded assistance in managing costs associated with home energy bills, energy crises, weatherization, and energy-related minor home repairs

345 West State Street

Jacksonville, IL 62650

217.243.9404

## Veteran Services

### Military Personnel Records

Archives.gov

866.272.6272

### Department of Defense-Survivor Benefits

MilitaryPay.Defense.gov

800.321.1080

### Eligibility for VA Health Care

VA.gov

### State Office of Veteran Affairs

833 South Spring St

Springfield, IL

800.437.9824

### Veteran Service Officers and Veteran Service Organization

NRD.gov/misc/resourcecategories

888.777.4443

### Veteran Service Officer

Morgan County: 069-C FT

DHS Family Resource Center

45 S. Central Park Plaza

Jacksonville, IL 62650

Female Service Officer Available

VSO: Lauralee Treece

217.245-0551

8:30AM to 5:00PM Monday through  
Friday. Appointments Only.

## Housing

### **Scott County Housing Authority**

143 S Walnut St  
Winchester, IL 62694  
217.742.3174  
[www.officialhousingauthority.com/illinois/winchester-county-housing-authority](http://www.officialhousingauthority.com/illinois/winchester-county-housing-authority)

### **Crisis Center Foundation**

325 9<sup>th</sup> Ave  
Jacksonville, IL 62650  
217.243.4357  
[Crisiscenter.org](http://Crisiscenter.org)

### **New Directions Warming and Cooling Center**

100 S Fayette Street  
Jacksonville, IL 62650  
217.271.1014

## Emergency Services

### **Scott County Sheriff**

32 E Market St.  
Winchester, IL 62694  
217.742.3141

### **Meredosia/Bluffs Rescue Squad & Fire Department**

124 S Bluffs St  
Bluffs, IL 62621  
Emergency: 911

### **Winchester E.M.S**

734 State Route 106 South  
Winchester, IL 62694  
217.742.3467  
Emergency: 911

### **Winchester Police Department**

121 S Hill St  
Winchester, IL 62694  
217.742.3456  
Emergency: 911

### **Bluffs Police Department**

124 S Bluffs St  
Bluffs, IL 62621  
217.754.3389  
Emergency: 911

### **Winchester Fire Department**

121 S Hill St  
Winchester, IL 62694  
Emergency: 911



## Local Government

### Scott County Clerk

35 E Market St  
Winchester, IL 62694  
217.742.3178

### Winchester City Hall

1 E Market St  
Winchester, IL 62694  
217.742.3191  
Email: cityhall@winchesteril.com

### Winchester Public Library

215 N Main St  
Winchester, IL 62694  
217.742.3150

### Village of Bluffs

124 S Bluffs St  
Bluffs, IL 62621  
217.754.3033

### Manchester City Hall

404 4<sup>th</sup> St.  
Manchester, IL 62663  
217.587.2121

### Alsey Town Hall

126 Main St  
Alsey, IL 62610

### Scott County Dog Rescue

Email: scottcountydogrescue@gmail.com  
Website: <https://www.facebook.com/scottcountydogrescue/>

### Animal Control Officer

217.742.3191

### Scott County Memorial Pool

East Park  
Winchester, IL 62694  
217.742.3622

### Scott County Courthouse

35 E Market St  
Winchester, IL 62694  
217.742.3173

### Post Offices:

Bluffs – 119 E Oakes St, Bluffs, IL 62694  
217.754.3551

Winchester – 55 S Main St, Winchester, IL 62694  
217.742.3857

Alsey – 101 Main St, Alsey, IL 62610  
217.742.3613

Manchester – 308 Main St, Manchester, IL 62663  
217.587.3441

## Churches

### Winchester:

**First Baptist Church**

30 W Cross Street  
217.742.3480

**Cornerstone Baptist Church**

226 Cornerstone Drive  
217.742.8000

**Winchester First Assembly of God**

26 West Cherry Street  
217.742.3311

**Winchester United Methodist Church**

20 N Walnut Street  
217.742.3610

**Sandridge Baptist Church****Christ Lutheran Church**

125 West Jefferson Street  
217.742.3919

**Saint Mark's Catholic Church**

108 East Pearl Street  
217.742.5224

**First Christian Church**

20 North Main Street  
217.742.3600

**Grace Baptist Church**

100 E Cherry Street  
217.742.3382

### Alsey:

**Alsey Baptist Church**

155 Church Blvd  
217.742.3908

### Bluffs:

**Trinity Lutheran Church**

1585 Trinity Road  
217.754.3517

**St. John's Lutheran Church**

112 West Walker Street  
217.754.3611

**Bluffs United Methodist Church**

207 N Bluffs Street  
217.754.3562

### Manchester:

**Manchester Baptist Church**

404 East Street  
217.587.2761

**Blessed Baptist Church**

110 N Rogers Street  
217.754.3598

### Bloomfield:

**Bloomfield Baptist Church**

Sand Road

### Oxville:

**United Methodist Church**

State Hwy 100 & Phillips Ferry Rd  
Just off State Hwy 100

## Appendix D – Focus Group Agenda and Facilitator Guide

Scott County Health Department  
Community Health Needs Assessment Meeting

Date: March 21, 2022

Time: 9:00am and 1:00pm

Agenda:

- (1) Welcome / Introductions
- (2) Overview of the topic
- (3) Ground rules
- (4) First question
- (5) Further Questions
- (6) Top 3 Health Needs
- (7) Summary / Next Steps

We are so appreciative of your participation!

**Focus Group Interviews Schedule:**

Date	Site Name	Address	Start Time	End Time
March 21, 2022	Scott County Health Department	335 West Cherry Street Winchester, IL 62694	9:00 am	10:30am
March 21, 2021	Scott County Health Department	335 West Cherry Street Winchester, IL 62694	1:00 pm	2:30pm

**Attendee Role Call:****Focus Group 1- Mach 21, 2022:**

1. Krysta Coon, Winchester Schools, school nurse
2. Dakota Chumley, Winchester Schools, high school guidance counselor
3. Andy Stumpf, Winchester Schools, elementary principal
4. Jeannie Fearneyhough, pre-school teacher
5. April Littig, U of I Extension employee, 4-H group leader
6. Debbie Rhoades, retired school nurse
7. Phyllis Jefferson, retired public health nurse
8. Tom Eddinger, Scott County Sheriff
9. Grace Pinkerton, social worker

**Scott County Team:**

Molly Peters-L.E.H.P., Public Health Administrator, Facilitator

Meghan VanDeVelde- Personal Health Services Staff, Flipchart Scribe

Angela Hoots- Personal Health Services Staff, Scribe

**Focus Group 2- Mach 21, 2022:**

1. Linda Sapp, Mayor of Bluffs
2. Libby Nobis, Winchester E.M.S, EMT
3. Debbie O'dell, Scott County Nursing Home Administrator
4. Marsha Mayner, Coordinator of the Outreach Center
5. Danita Ray, Physician's Assistant at Winchester Family Practice
6. Niki Passavage, Winchester Family Practice staff
7. Rindi Hobson, Quincy Medical Group Director of Primary Care
8. Joyce Merriman, retired RN
9. Maryon Shaw, Bluffs Schools administrative assistant
10. Jackie Kuchy, Winchester Civic Group

**Scott County Team:**

Molly Peters-L.E.H.P., Public Health Administrator, Facilitator

Meghan VanDeVelde- Personal Health Services Staff, Flipchart Scribe

Angela Hoots- Personal Health Services Staff, Scribe

**Agenda:**

- (1) Welcome / Introductions (2) Overview of the topic (3) Ground rules and (4) First question (5) Further Questions (6) Summary / Next Steps

**Set-up:**

4 posters or dry-erase boards and multi-colored sticky notes to add their ideas on thoughts/promoters/barriers

- a) Mental or Behavioral Health Needs
- b) Physical Health Needs
- c) Environmental Health Needs
- d) Substance Use / Abuse

**Key Questions: Focus Group Protocol**

For the purposes of this discussion, “community” is defined as where you live, work, and play.

**Opening Question (5 minutes)-Molly (what is public health/intros) – defining public health and why we are conducting this needs assessment**

*Facilitator: “To begin, why don’t we go around the table and introduce ourselves.”*

*Kick Off:* State your name (or whatever you would like us to call you) and one thing that makes you most proud of your community.

***Overall Facilitation of Assessment - Molly*****General Community Questions (20 minutes)**

*Facilitator: “I want to begin our discussion today with a few questions about health and quality of life in our community.”*

1. What makes a community healthy? (picture it in your mind here or elsewhere) (*describe aloud to us some of your ideas of this; anything goes*) – 5mins
2. Who are the healthy people in our community? (picture them in your mind) – (*pick a particular sticky note color*) – 5 mins
  - a. *What* makes them healthy?
  - b. *Why* are these people healthier than those who have (or experience) poor health?
  - c. Add your sticky notes to the appropriate board
3. Who are the people in the community who are less healthy / in poor health? (picture them) - (*pick a particular sticky note color*) – 5 mins
  - a. *What* makes them unhealthy?
  - b. *Why* are they less health than those with good health?
  - c. Add your sticky notes to the appropriate board
4. Let us review some of the overall additions to each board / explore some common ideas & ask for more details or an explanation of what that contributor meant by their comment. -5 mins

### **Prioritize Needs: (15 minute)**

5. What do you believe are the 3 most important issues that must be addressed to improve health and quality of life in your community? (*discuss what common themes came up most often on boards*)
  - a) *put your top 3 on 3 sticky notes and place in prioritized order on the board*

[Facilitator Prompt What are the biggest health problems/conditions in your community? Let's review and discuss after 10 minutes)

### **Improvement Questions (20 minutes)**

Facilitator: "Next, I'd like to ask a few questions about ways to improve community health."

6. What are some ideas you have to help your community get or stay healthy?
7. What resources does your community *already have* that can be used to improve community health? Are there *barriers* to address?
8. What *else* does your community need to maintain or improve your health? Are there *barriers* to address?

[Facilitator Prompts]  
What about...Services, support or information to manage a chronic condition or change health behaviors such as smoking, eating habits, physical activity, or substance use? Preventive services such as flu shots or immunizations? Specialty healthcare services or providers?
9. What could the health department do to promote healthier communities?

### **Ending Question (5 minutes)**

10. Is there anything else related to the topics we discussed today that you think I should know that I didn't ask or that you have not yet shared?

### **Facilitator Summary & Closing Comments (5 minutes)**

Facilitator: "Let's take a few minutes to reflect on responses you provided today. We will review the notes we took and the themes we observed. This is your opportunity to clarify your thoughts or to provide alternative responses." (provides a brief summary of responses for each of the questions or asks clarifying questions if she thinks she may have missed something)

### **Ending/Thanks/Next Steps (Molly):**

"Thank you for your participation in this focus group meeting. You have all raised a number of great issues for us to consider. We will look at what you have told us and use this information to make recommendations."

### **Source :**

([https://sirc.asu.edu/sites/default/files/%5Bterm%3Aname%5D/%5Bnode%3Acreate%3Acustom%3AYm%5D/coordinated\\_community\\_health\\_needs\\_assessment\\_focus\\_group\\_results\\_final\\_fall\\_2016.pdf](https://sirc.asu.edu/sites/default/files/%5Bterm%3Aname%5D/%5Bnode%3Acreate%3Acustom%3AYm%5D/coordinated_community_health_needs_assessment_focus_group_results_final_fall_2016.pdf))

# Public Health Concerns

## ••• Scott County

### 1. Population

- 4,949 as of 04/01/2020
- 97.4% White,
- 0.6% African American,
- 1.4% Hispanic

### 2. Substance Abuse

- Overdoses: <10
- Adult Smoking: 16%

### 3. Sexual Health/Teen Pregnancy

- 43% decrease in Chlamydia cases
- 33% increase in Gonorrhea cases
- Data reported on teen pregnancies for 2021 is not as prevalent as previous years

### 4. Poverty

- 10.8% population living in poverty
- Median Income 2015-2019: \$57,118

### 5. Health Outcomes

- Adult Smoking: 16%
- Adult Obesity: 24%
- Physical Inactivity: 29%

## ••• State of Illinois

- 12,812,508 as of 04/01/2020
- 85.4% White,
- 10.4% African American,
- 4.3% Hispanic

- Overdoses: 18,282
- Adult Smoking: 15.5%

- Chlamydia cases: 602.7 per 100,000 people
- Gonorrhea cases: 198.1 per 100,000 people
- Teen Pregnancies: 38.6%

- 11.4% population living in poverty
- Median Income 2015-2019: \$62,843

- Adult Smoking: 15.5%
- Adult Obesity: 28.2%
- Physical Inactivity: 23.6%